

September - October 2021

TEAM THURSDAY RIDE SCHEDULE

Note: Helmet required on all SBC rides

September 2

Coulee Hite Loop

Start: 9:00 am

Meet: Sontag Community Park 9808 W Charles Rd, Nine Mile Falls, WA 99026

Terrain: One extreme hill and some rollers

Distance: 28 miles

Pace: 12 – 14 mph on flats, whatever you can manage on the big climb

Description: Time to see whether all that riding you've been doing this summer has paid any dividends. We start at Sontag Park along W Charles Road; at about the 5-mile mark it becomes 1.5 miles of climbing, with stretches over 10% grade. Once it's over, though, we continue to the right on Charles and enjoy a pleasant ride through farmland. Left on N Wood Road, left on W Coulee Hite Road, descend Seven Mile Road to join the Centennial Trail northbound at Riverside Park Road. We stay on the CT which takes us back to the start. If Tin Cup is open, we can have coffee, snack there at end of ride.

Any updated information will be on the SBC Meetup site.

Cancellation: Extreme weather, winds or smoke to be communicated before ride via SBC email and/or SBC Meetup site.

Leader: Tim Hunt (503) 880-9896

September 9

Green Bluff, Big Meadows Secret Valley

Start: 9:00 am

Meet: Meet at Safeway 10100 N Newport Hwy.

Terrain: A climb to Green Bluff then some rollers.

Distance: Approx. 40 miles

Pace: 12 – 14 mph on flats

Description: Ride out Hawthorne/Bruce/Peone/Big Meadows, return back to Safeway. Bring plenty of water and a snack – we can eat at the end.

Any updated information will be on the SBC Meetup site.

Cancellation: Extreme weather, winds or smoke to be communicated before ride via SBC email and/or SBC Meetup site.

Ride Leader: Amina Giles 844-4209

September 16

Mt. Spokane Gravel Grind – Selkirk Lodge Tripps Knob Loop

Start: 10:00 am (**note later start time**)

Meet: Selkirk Lodge at Mt. Spokane Cross Country Ski area. Follow WA State Highway 206, turns into Mt Spokane Park Drive. Turn right at N Summit Road and follow short gravel road to Selkirk Lodge parking lot. Discover Pass required (can be purchased at ranger station kiosk along Mt Spokane Park Dr)

Special note: bring \$2.50 cash to purchase separate Inland Empire Paper Company recreation pass.

Terrain: Entirely dirt and gravel logging roads, not single track. Fair amount of climbing, some of it steep. Don't bring your road bike.

Distance: 15.5 miles

Pace: Varies, depending on conditions; ~8-10 mph on flats, rarely exceeding 15 mph anywhere. Although distance is short, the ride will probably take 3+ hours.

Description: Difficult, scenic, fun, secluded. We will be riding on IEPC logging roads that are turned over to XC ski trails in winter. The ride can be done on a no-suspension gravel bike; it would probably be easier on a mountain bike. Route will follow Linder Ridge, Mica Road, Upper Tripps, Lower and Upper Outer Limits and back to Mica and Linder Ridge. Detailed maps and cue sheets will be provided. All riders will be expected to stay with ride leader – there are lots of unmarked intersections and we don't want anyone wandering off getting lost in the woods. A fun spur trail to Tripps Knob will be included, as well as a brief jaunt into Idaho. It's likely we won't see anyone else the whole time, except in the parking lot. Bring plenty of snacks and lots of water. We'll stop several times to take in views have a nibble and catch our breath. There's a restroom at the start and one at Tripps Knob (as of last visit in August).

Any updated information will be on the SBC Meetup site.

Cancellation: Ride leader will monitor Mt Spokane weather conditions. Rain, extreme weather, winds or smoke cancellation to be communicated before ride via SBC email and/or SBC Meetup site.

Ride Leader: Tim Hunt (503) 880-9896

September 23

Fairfield/Plummer out and back with optional history loop.

Start: 10:00 am

Meet: Thiel Park, corner of Ticknor St. and 1st St. Fairfield, WA

Terrain: Some rollers and a couple of longer 5 – 7 % climbs. Total elevation gain is approximately 3000 ft. if loop included.

Distance: 32-mile Fairfield/Plummer out and back; additional 22 miles for history loop

Pace: 12 – 14 mph on flats

Description: Enjoy mostly flat country roads between Fairfield WA and Plummer ID. There may not be any open public facilities/eateries in Fairfield, but there will be in Plummer, which many will know as the western end/beginning of the famous Trail of the Coeur d'Alenes. Route will follow Truax Road to Idaho border where it becomes Fairfield Road.

The optional 22-mile loop when we get back to Fairfield will visit Mt Hope Chapel and Cemetery and the Hanging Tree Historical Monument, close to where the tree once stood that was used to hang Yakama Sub-Chief Qualchan and others on the orders of Col. George Wright in September of 1858. Fort George Wright Drive in Spokane was recently renamed Whistalks Way, in honor of Whist-alks, a Spokane Indian woman warrior and the wife of Qualchan. Route follows Jackson Rd, E Valley Chapel Rd, S North Kentucky Trails Rd, E Spangle Waverly Rd and Prairie View Rd back to Fairfield.

Any updated information will be on the SBC Meetup site.

Cancellation: Extreme weather, winds or smoke to be communicated before ride via SBC email and/or SBC Meetup site.

Leader: Tim Hunt (503) 880-9896

September 30

Post Falls to Higgens Point out and back

Start: 10:00 am

Meet: Falls Park, W 4th Ave. Post Falls, ID

Terrain: Mostly flat with a few hills along the lake

Distance: 36 miles

Pace: 12 – 14 mph on flats

Description: Ride a combination of N Idaho Centennial Trail and neighborhood streets, pass the CdA City Beach and CdA Resort, then along Lake Coeur d'Alene to Higgens Point and back the same way to Post Falls. Bring a snack to eat at Higgens Point. Optional coffee/lunch in Post Falls at end of ride.

Any updated information will be on the SBC Meetup site.

Cancellation: Extreme weather, winds or smoke to be communicated before ride via SBC email and/or SBC Meetup site.

Leader: Tim Hunt (503) 880-9896

October 7

Saltese Quinimose Loop

Start: 10:00 am

Meet: Camp Sekani Gravel Lot, 6722 E Upriver Dr Spokane, WA 99217

Terrain: Mostly flat with the exception of Henry/Quinimose climb.

Distance: 35 miles

Pace: 12 – 14 mph on flats

Description: Upriver/Maringo to Centennial Trail; through neighborhoods to S Henry Road. Up and over Quinimose and back on Liberty Lake Road to Harvard Road CT trailhead. CT back to Upriver and Camp Sekani.

Any updated information will be on the SBC Meetup site.

Cancellation: Extreme weather, winds or smoke to be communicated before ride via SBC email and/or SBC Meetup site.

Ride Leader: Marty November (323) 286-5993

October 14, 2021

Hauser Lake circuit

Start: 10:00 am

Meet: Centennial Trail Mirabeau Trailhead off Mirabeau Parkway, Spokane Valley

Terrain: Mostly flat; a few rollers.

Distance: 40 miles

Pace: 12 – 14 mph on flats

Description: East on Centennial Trail to Harvard Road. Then Euclid, East River, Starr to Hauser Lake Road. Clockwise around lake and back to start the way we came.

Any updated information will be on the SBC Meetup site.

Cancellation: Extreme weather, winds or smoke to be communicated before ride via SBC email and/or SBC Meetup site.

Ride Leader: Amina Giles 844-4209

October 21

Wandermere -Deer Park Loop

Start: 10:00 am

Meet: Wandermere Starbucks 12519 N Division Spokane

Terrain: Hilly, almost 2000 ft. elevation gain

Distance: +/- 40 miles

Pace: 12 – 14 mph on flats

Description: Outbound using Shady Slope, Little Spokane, and Perry to connect with Deer Park Milan Road. Food stop at Rozy's Hot Shotz on Main St. Deer Park. Return via Monroe, Dartford, Mill.

Any updated information will be on the SBC Meetup site.

Cancellation: Extreme weather, winds or smoke to be communicated before ride via SBC email and/or SBC Meetup site.

Leader: Bob Bowley 534-5501

October 28

Kendall Yards to Arbor Crest Costume Ride

Start: 10:00 am

Meet: Olmstead Brothers Green playground, Kendall Yards, Spokane

Terrain: Mostly flat with big, steep climb up to Arbor Crest

Distance: 25 miles

Pace: 12 – 14 mph on flats

Description: A little pre-Halloween fun. Dress up and ride along Centennial Trail/Upriver Drive and up Fruit Hill Road to Arbor Crest winery. Bring a snack to eat while we enjoy the views from the winery. Return along the same route.

Any updated information will be on the SBC Meetup site.

Cancellation: Extreme weather, winds or smoke to be communicated before ride via SBC email and/or SBC Meetup site.

Ride Leader: Amina Giles 844-4209