

September - October 2021

SCENIC TUESDAY RIDES

Note: Helmet required on all SBC rides

September 14

Name of ride: **Riverstone Park to Higgins Point in CDA**

Start time: 9:00 am

Meet: 8:45 am at Riverstone Park in CDA (from Spokane take Exit 11 off I-90 in CDA)

Terrain: Mostly flat with one long climb

Distance: 15-20 miles

Pace: 10-12 mph

Description: Ride east on CT from Riverstone Park. Turn right onto CDA Lake Drive. Continue to Higgins Point. Optional: short, steep climb at Higgins Point. Return back to Riverstone Park. Regroup often. Eat: Bardenay's, 1710 W. Riverstone Dr.

Weather policy: Rain, extreme heat, or questionable air quality cancels

Leader: Dixie Girdner 509.368.4701

September 21

Name of ride: **South Hill Park to Park**

Start time: 9:00 am

Meet: 8:45 am at Round Table Pizza, 44th & Regal

Terrain: Mostly flat, with a few hills

Distance: 17-20 miles

Pace: 10-12 mph

Description: Enjoy riding through various parks on South Hill. Regroup often. Eat: Round Table Pizza, 4510 S. Regal.

Weather policy: Rain, extreme heat, or questionable air quality cancels

Leader: Jan Whaley 509.994.8173

September 28

Name of ride: **Harvard Rd Trailhead to Falls Park**

Start time: 9:00 am

Meet: 8:45 am at Harvard Rd Trailhead

Terrain: Mostly flat

Distance: 15-20 miles

Pace: 10-12 mph

Description: From Harvard Trailhead bike east on CT. Go to Falls Park at west end of Post Falls. Return to Harvard Rd Trailhead. Regroup often. Eat: Drive to Palenque, 1002 N. Liberty Lake Rd. at the golf course.

Weather policy: Rain, extreme heat, or questionable air quality cancels

Leader: Dixie Girdner 509.368.4701

October 5

Name of ride: **Prairie Trail Plus**

Start time: 9:00 am

Meet: 8:45 am at Riverstone Park in CDA (from Spokane take Exit 11 off I-90 in CDA)

Terrain: Flat with some gradual hills

Distance: 15-20 miles

Pace: 10-12 mph

Description: We will ride the Prairie Trail & explore new neighborhoods off the trail.

Regroup often. Eat: Bardenay's, 1710 W. Riverstone Dr.

Weather policy: Rain, extreme heat, or questionable air quality cancels

Leader: Shirley Sturts 206.678.6187

October 12 (changed ride)

Name of ride: **Maringo East on CT**

Meet at 9:00 am at Rocket Bakery, 3315 N. Argonne, for coffee, if you wish. Then we will drive to Maringo Trailhead to start the ride at 10:00 am. Ride east on CT for 10 miles & then ride back. Occasional breaks. Rate A / 20 mi. Eat: Lunch TBD

October 19

Name of ride: **North Fork of CDA, old River Road Highway**

Start time: 9:00 am (Give yourself plenty of time to drive to the start.)

Meet: 8:45 am at Albert's Landing

Directions: Take I-90 east past CDA. Get off I-90 at Kingston exit #43. Turn left. Go 1 ½ mi. Continue past Snake Pit for ½ mi. Turn right at sign for Old River Road. Right away, on the left, (before the bridge) there is a gravel area for parking.

Terrain: Mostly flat

Distance: 20 miles

Pace: 10-12 mph

Description: Ride 10 miles on the Old River Road. Turn & ride 10 mi. back. Regroup often.

Eat: Drive to Snake Pit.

Weather policy: Rain, extreme heat, or questionable air quality cancels

Leader: Mary Ayers Cell: 208.660.8246 or Home: 208.667.7342 (best)

October 26

Name of ride: **Kendall Yards Ride**

Start time: 9:00 am

Meet: 8:45 am at Olmstead Park, Summit Parkway & Nettleton, in Kendall Yards

Terrain: Mostly flat, some hills

Distance: 15-16 miles

Pace: 10-12 mph

Description: Ride from Olmstead Park, through West Central to CT east & then back. Regroup often.

Eat: Versace Pizza in Kendall Yards, 1333 W. Summit Parkway.

Weather policy: Rain, extreme heat, or questionable air quality cancels

Leader: Brian Duncan 509.290.8482