

September - October 2021

SATURDAY STEADY TO BRISK RIDES SCHEDULE

Note: Helmet required on all SBC rides

September 4

Spokefest Half-Century

Start: 9:00 AM

Meet: Riverfront Park, next to Numerica Skate Ribbon

Terrain: Hilly

Distance: 50 miles

Pace: 14 mph

Description: Spokefest is virtual this year. We'll ride the course during the virtual ride window (Sept 4-10) Optional: Enter Spokefest event, at no cost, at <https://spokefest.org/virtual-ride-info/>.) Registrants in drawing for incentive prizes) Ride includes gorgeous route along the Spokane River, plus a West Plains ramble. Bring water and snacks. Weather policy: Extreme heat/rain/wind/smoke will cancel ride. Please call leader if in doubt. Leader: Sally Phillips 448-6271

September 11

Milan-Elk-Camden- Newport-Diamond Lake Loop

Start: 9:00 AM

Meet: Riverside High School, Jct. of Northbound Hwy 2 @ Deer Park/Milan Rd.

Terrain: Mostly Moderate, with rollers, but last 3 miles of Camden Gap is a testy (4.8%) climb.

Distance: 52 miles

Pace: 14 mph

Description: Mostly scenic rural roads to Newport. Lunch at Owen's Grocery, Deli & Soda Fountain. Some short climbs on Hwy 2, Diamond Lake North Shore side trip, then the downhill from Roger's Pass. The 'homestretch' short/steep climb after crossing "Little Spokane" redeems any guilt about Huckleberry ice cream at the Ram!

Weather policy: Extreme heat/rain/wind/smoke cancels ride.

Leader: Bob Bowley 534-5501

September 18

Mount Spokane Climb

Start: 9:00 AM

Meet: Mt. Spokane High School

Terrain: Climbing all the way. Hardest grade starts after Bear Creek Lodge

Distance: 40 miles

Pace: whatever your legs crank out.

Description: This is a hard ride. Bring snacks and water. Minimal regrouping on this ride...

Weather policy: Rain will cancel. Extreme heat/wind/smoke will cancel ride. Please call leader if in doubt.

Leader(s): Paul Brunton 953-9564

September 25

Kendall Yards - Riverside State Park Via Old Trails

Start: 9:00 AM

Meet: Kendall Yards, W. Summit Parkway and N. Cedar St.

Terrain: Hilly, approx. 1400 feet gain

Distance: Approx. 33 miles

Pace: 13-15 mph

Description: Government Way, Old Trails Rd, CT to Long Lake, stop mid-ride at the Tin Cup; return via CT and Pettet Drive. Refreshments at Tin Cup

Weather policy: Rain, heavy wind or smoke cancel

Leader: Lori Smith 509-954-9645

October 2

Edwall Loop

Start: 9:00 AM (**NOTE time**)

Meet: Medical Lake Waterfront Park

Terrain: Mostly flat to rolling, (1234 ft. total gain). gear down climb on Cloverdale, then again exiting South from Edwall.

Distance: Minimum 42.5 miles; scenic return on Clear Lake Rd. will add 3 miles.

Pace: 13-15 mph

Description: scenic rural roads to visit Waukon & Edwall. This Med'. Lake start makes it easier than the 80-mile route. Water was found at Edwall in the past, but that was 5 years ago. So, bring plenty water & snacks.

Weather policy: Extreme heat/cold/rain/snow/wind/smoke cancels ride.

Leader: Bob Bowley 534-5501

October 9

Rosalia to Tekoa, Palouse to Cascades Trail Mountain Bike Ride

Start: 10:00 AM

Meet: Carpool from Latah Creek Mall

Terrain: Flat, but on rocky unpaved surface

Distance: 35 miles

Pace: 10-12 mph

Description: Travel over on gravel roads. Return on Milwaukee Road Corridor. Also known as the Juan Jayne Trail. Eat at the local bar and grill.

Weather policy: Extreme heat/rain/wind/smoke will cancel ride. Please call leader if in doubt.

Leader: Charlie Greenwood 624-8617

October 16

William's Valley-Clayton Loop

Start: 10:00 AM

Meet: Wandermere Starbucks, 12519 N. Division:

Terrain: Hilly; 4 Cat 5 (easiest rating) climbs, with 2800+/- ft gain:

Distance: 53+/- miles

Pace: 13-15 mph

Description: Dartford-Monroe-Swenson-Williams Valley to Clayton for lunch. Precise return route TBD by the group, but both options find Monroe Rd.-Austin-Hazard-Dartford before the finish.

Weather policy: temps should be mild/smoke may be gone/ rain or snow could cancel

Leader: Bob Bowley 534-5501

October 23

Saltese Flats/Palouse/South Valley

Start: 10:00 AM

Meet: Mirabeau Park (I-90, North on Pines, Right on Mirabeau Parkway, park is on right)

Terrain: moderate hills, one long, steady climb up Hwy 27

Distance: Approx. 41 miles

Pace: 14-16 mph on flats

Description: We will ride along a beautiful section of the Centennial Trail next to the river, and then head south to the Saltese flats. We will then head up Hwy 27 to the Jackson rollers and Valleyford. We will return down Madison and Dishman Mica and then grab a bite to eat at The Gardens on University. Then we will head down the Appleyway Trail to Evergreen and back to Mirabeau Park.

Weather policy: Heavy rain, wind, heat or smoke will cancel ride. Call leader if in doubt.

Leader(s): Lori Graham 509-891-1052 call or text

October 30

Spokane Valley neighborhoods & Halloween decorations

Start: 10:00 AM

Meet: Yokes at McDonald and East Sprague

Terrain: flat

Distance: 30 miles

Pace: 14-16 mph

Description: A tour of Spokane Valley neighborhoods and Halloween decorations. Option to wear your favorite costume and a bike helmet.

Weather policy: Heavy rain, wind, heat or smoke will cancel ride. Call leader if in doubt.

Leader: Sheila and Frank Ping 924-1814