

July - August 2021

SCENIC TUESDAY RIDES

Note: Helmet required on all SBC rides

Date: July 6

Name of ride: **Mission Park CT Ride (west)**

Start time: 9:00 am

Meet: 8:45 am at Mission Park across from Avista

Terrain: Mostly flat

Distance: 15 miles

Pace: 10-12 mph

Description: Ride from Mission Park through Riverfront Park & Kendall Yards out to bluff on CT. Return on city streets with bike lane back to start. Regroup often.

Eat: Fresh Market in Kendall Yards.

Weather policy: Rain, extreme heat (over 90 at the start), or questionable air quality cancels

Leader: Dixie Girdner Cell: 509.368.4701

Date: July 13

Name of ride: **Prairie Trail Plus**

Start time: 9:00 am

Meet: 8:45 am in CDA at Riverstone Park (from Spokane take Exit 11 off I-90 in CDA)

Terrain: Flat with some gradual hills

Distance: 15-20 miles

Pace: 10-12 mph

Description: Prairie Trail to the end & back taking side trips through neighborhoods

Regroup often.

Eat: Bardenay's, 1710 W. Riverstone Dr.

Weather policy: Rain, extreme heat, or questionable air quality cancels

Leader: Shirley Sturts Cell: 206.678.6187

Date: July 20

Name of ride: **Mission Park CT Ride (east)**

Start time: ~~9:00~~ 8:00 am

Meet: ~~8:45~~ 7:45 am at Mission Park across from Avista

Terrain: Mostly flat. Slight upslope going, downslope returning.

Distance: 14-15 miles

Pace: 10-12 mph

Description: Ride from Mission Park to Rocket bakery in Millwood. (Slight detour around Avista's project.) Regroup often. Eat: No lunch, but stop for coffee and/or cold drinks/snacks at Rocket Bakery.

Weather policy: Rain, extreme heat (over 90 at the start), or questionable air quality cancels

Leader: Dixie Girdner Cell: 509.368.4701

Date: July 27 – **No ride scheduled**

Date: August 3

Name of ride: **South Hill Meander**

Start time: 9:00 am

Meet: 8:45 am at Round Table Pizza, 44th & Regal

Terrain: Mostly flat, with a few hills

Distance: 15-20 miles

Pace: 10-12 mph

Description: Enjoy riding through various parts of South Hill. Regroup often.

Eat: Round Table Pizza, 4510 S. Regal.

Weather policy: Rain, extreme heat, or questionable air quality cancels

Leader: Jan Whaley Cell: 509.994.8173

Date: August 10

Name of ride: **Harrison to Medimont – Trail of the Coeur d’Alenes**

Start time: 9:30 am ***Note later start time** due to driving time to Harrison

Meet: 9:15 am at Harrison, parking on street below ice cream shop

Terrain: Mostly flat

Distance: 21 miles

Pace: 10-12 mph

Description: Ride the beautiful trail of the Coeur d’Alenes from Harrison, Idaho, to Medimont & back. Lunch in the park & ice cream. Regroup often. Eat: Harrison City Park. Bring your own lunch or get a sandwich at the grocery store across from the park. Then go to the ice cream shop afterwards for the biggest scoops of ice cream in Idaho!

Weather policy: Rain, extreme heat, or questionable air quality cancels

Leader: Roberta Rich Cell: 208.819.6821

Date: August 17

Name of ride: **North Fork of CDA, old River Road Highway**

Start time: 9:00 am (Give yourself plenty of time to drive to the start.)

Meet: 8:45 am at Albert’s Landing

Directions: From I-90 take Kingston exit 43. Go 1 ½ mi. past Snake Pit. Continue & turn right at sign for Old River Road. Follow road up & over Silver Bridge. Once across river, you are at Albert’s Landing. If you do not wish to pay \$5, park at bottom before bridge crossing.

Terrain: Mostly flat

Distance: 20 mi.

Pace: 10-12 mph

Description: Ride 10 miles on the Old River Road. Turn & return. Regroup often. Eat: Drive to Snake Pit.

Weather policy: Rain, extreme heat, or questionable air quality cancels

Leader: Mary Ayers Cell: 208.660.8246 or Home: 208.667.7342 (best)

Date: August 24 - **No ride scheduled**

Date: August 31

Name of ride: **Hauser Lake/Newman Lake Ride**

Start time: 9:00 am

Meet: 8:45 am at Hauser Lake Boat Launch.

Directions to start: From Trent, which becomes WA Hwy 290 & then ID Hwy 53, go 1.8 mi. east from state line. (Also 0.3mi. from Curley's Restaurant. If you reach Pleasant View Rd, you've gone too far; turn around & go back 0.25 mi.) Turn north onto Hauser Lake Rd. Go 1.1 mi. Continue straight on Hauser at the Cliff House Rd. jct. Go for 0.3 mi. Turn right at Fay Place & go 0.25 mi. Park near toilets.

Terrain: Mostly flat with a few short hills

Distance: 20 miles

Pace: 10-12 mph

Description: The route includes Newman Lake Arm, Honeymoon Bay, E. Newman Lake Drive Boat Launch, Hauser Lake. Regroup often.

Eat: Otis Grill, 21902 E. Wellesley Ave.

Weather policy: Rain, extreme heat, or questionable air quality cancels

Leader: Jerry Etchison Cell: 509.599.3775