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June CDA Tour Recap
Read about it under Bike Tours
(along with upcoming tours)



2018 Board of Officers	
President	Gerry Bergstrom 509-995-8118
	Moongazer82849@gmail.com
Vice-President	Bill Olsen 509-679-1962
	bjolsen54ATgmail.com
Secretary	Hershel Zellman 509-536-7745
	zellpeopleATcomcast.net
Treasurer	Sally Phillips 448-6271
	phillips1948ATcomcast.net
Board of Directors	
Position 1	Garry Kehr 509-990-1474
	GKehr.sbcATgmail.com
Position 2	Margaret Watson 509-624-3793
	bikingomaATyahoo.com
Position 3	Dud Bowers 509-919-2076
	Bdelaine2ATgmail.com
Past President	Scott Schell 954-6788
	cshellwsATcomcast.net
Ride Coordinators	
Monday Recurring Rides	Bill Mullins 325-1692
	M00nmullinsATyahoo.com
Monday Paved Trail Rides	Elaine Mayes 922-1033
	victoriamayesATmac.com
Tuesday Scenic	Jan Whaley 448-5645
	whaleyj2618ATcomcast.net
	Sharon Morrison 710-5650
Team Tuesday	morrisonranch@ptera.net
	Lila Meglio 378-8665
Thursday AM	lfs452ATmsn.com
	Amina Giles 467-1980
Friday Women's Rides	ridinusa2002ATyahoo.com
	Eileen Hyatt 475-9328
Saturday Steady to Brisk	embicycleATAol.com
	Sally Phillips 448-6271
Saturday Steady (12-14 mph)	phillips1948ATcomcast.net
	Mary and T.J. Badger 467-8099
Pick Up Rides	badgermaryAThotmail.com
	Cyrus McLean 509-838-0649
	cyrusmclATyahoo.com

Staff	
Ride Coordinator	Susan Strong 990-8877
	sublstrongAToutlook.com
Newsletter Editor	Barbara Beaton 590-3814
	Bbeaton4769ATgmail.com
	David Whipple 922-2719
Programs	dpwhipATgmail.com
	Ellen Peller 953-9468
	Ellenpeller1ATgmail.com
	Barb Kehr 290-1967
Membership	barb.kehrATgmail.com
	Rick Peller 624-7060
Web Master	rfpellerATcomcast.net
	Paul Swetik
Web Editor	pswetikAThotmail.com
	Serge Bulan 214-669-7109
	viggenmarkATgmail.com
* "AT" replaces @ so that the emails cannot be scammed. To use, copy and paste then replace the "AT" with "@".	

Board Meetings

First Tuesday of every even month

Location: REI, 1125 N Monroe St, Spokane, WA 99201 (509) 328-9900

General Meetings:

6:30 PM (unless otherwise noted), Second Monday of Every Month (except June, July and August)

Mountain Gear Headquarters
6021 E. Mansfield, Spokane, WA

Click [HERE](#) for map

Letter from the President

Greetings fellow SBC members:



Well, here we are another summer come to a close and we are rapidly moving into fall. We have SpokeFest on September 9, and SpokeFest is a big event for our club. We get our name out there and we get many new members through this event. Therefore, I would encourage you to help Sally Phillips with packet pick up and registration. If this doesn't appeal to you, we need volunteers to work in our booth at Kendall Yards. In addition, SpokeFest needs volunteers to help with the rides.

We are offering a fall club tour from 14 September to 16 September in Colville Washington. It will be a spoke /hub ride so we will not need a sag wagon. In addition, cost is only \$25.00 per person no matter how many days you plan to ride. Each rider is responsible for his or her hotel costs and food costs. There are only three hotels in Colville so if you think you might be going please reserve a room now. Those members camping at the fairgrounds

will be able to stay for free and have access to showers. It is important to remember that it takes 90 minutes to drive from Spokane to Colville. Our rides will start at the fairgrounds and finish at the fairgrounds. We will have an information meeting on 5 September. Further details about that will be sent out just before Labor Day.

On October 13 at Ft Mukogawa, 5:00 to 8:30 pm, we have our fall banquet. It is time of great food, a great speaker--Sally Vantress-Lodado, and enjoying each other aside from cycling. We also vote on new officers and hand out recognition to our awesome volunteers. I hope to see you all at this banquet. Our officers of Spokane Bicycle Club need your support and encouragement for the coming year.

Now a word about safety: We have decided that when the Air quality is 100 or higher we will cancel our rides. I know it is difficult to accept this but members' safety is our vital concern. Ride leaders and Coordinators should be checking air quality during this high time of wild fires and if at 100 or higher take steps to cancel the ride or rides. Ride Leaders check with your Ride Coordinators on how you will manage ride cancellations. I suggesting something fast and quick like email but I will leave up to Ride Coordinators to make the decision in how to best deal with ride cancellations. If you have concerns about this please, give me a call.

LET'S ROLL!

Sincerely,
Gerry Bergstrom, President
(509) 995-8209
Moongazer82849@gmail.com

NOTICES

SBC Jersey Inventory Closeout Sale

SBC is closing out its inventory of club jerseys as the bicycle season begins to wind down. Get yours today before they are all gone! \$70 each. Presently, the sizes include: Men's: 2XL (1), XL (1), MD (2). Women's: 2XL (1), XL (1), LG (1), MD (3), SM (1). You can try one on at the next board meeting in September. Contact Scott at cshellws@comcast.net for more information.



Upcoming Events

Labor Day Rides – September 3, 2018

There are two options for special rides on Labor Day. One is Don Carlton's Third Annual Labor Day ride and the other is led by Charlie Greenwood. Both rides have the option of attending the Lion's Club \$5.00 pancake feed in Rathdrum. For more information look under Labor Day Rides.

11th Annual Spokefest – September 9, 2018

It is that time of year again! We **have** the needed volunteers for registration/packet pickup. Big thanks to all the generous perpetual registration/packet pickup helpers! You make my life **so** much easier with your smart, willing help.

But there's still a chance to help with Spokefest -

The Spokefest volunteer coordinator, Susan Pugh, is still looking for volunteers to help with road marshaling and setup/teardown on ride day, Sept 9th. If you are able to help, please contact her at: spugh1028@gmail.com.

All Spokefest volunteers get a t-shirt, water bottle, Kind bar and can attend the volunteer dinner on Sept 6th. The dinner is being catered this year by Taco del Mar, which is also giving each volunteer a \$5 gift card. All these goodies, plus lots of gratitude from the organizers, for helping put on this family-friendly mega bike event.

Sally Phillips 448-6271

SBC Information Booth

We need at least six volunteers to cover shifts at our booth in Kendall Yards on September 9. The shifts are 8-10, 10-12, and 12-2. We want to have two people at the booth at all times. All you'll have to do is show up, smile, and share with others about the benefits of joining the SBC. Please register for a time at <http://spokanebicycleclub.org/event-3029157>

Garry Kehr

SBC Annual Banquet – October 13, 2018

Location: Mukogawa Fort Wright Institute; The Commons, Fosseen Room, 4000 West Randolph, Spokane, WA 99224

Click [HERE](http://www.mfwi.edu/Campus_Map.htm) for map of the Mukogawa campus (http://www.mfwi.edu/Campus_Map.htm).

Time: 5:00 – 8:30, dinner served at 5:45

Menu:

Chicken Picatta

Vegetarian Lasagna

Rice Pilaf

Seasonal Vegetables

Mixed green salad, croutos, seeds, dressings

Cucumber Dill, Onion and Tomato Salad

Rolls & Butter

Chocolate and vanilla cupcakes

Beer, wine and cold beverages courtesy of SBC.

Cost per person: including meal, Tax and Gratuity with registration by September 30, 2018. : \$31.67. (\$25.00 Plus 18% gratuity and 8.7% tax). (add \$5.00 October 1 – 13)

Speaker:

Sally Vantress-Lodato, a speaker, author, adventurer and business leader has over thirty years of experience traveling, managing businesses, developing people and building community outreach. She is a graduate of Cal Poly San Luis Obispo, worked for Crocker National Bank as a AVP in Sacramento and San Francisco, CA, VP for Vantress Designs Associate in Santa Cruz, CA and Store Manager for REI in Spokane WA. Sally currently operates Vantress-Lodato Enterprises, a consulting and publishing company, works at the Community Colleges of Spokane, and serves on the Spokane Park Board and Riverside State Park Foundation.

The January 18th Spokesman Review featured an article about Sally. Here is a short sample of the article taken from the Review. For the full article click [here](http://www.spokesman.com/stories/2018/jan/18/spokane-woman-re-releases-book-about-solo-bike-tri/) (<http://www.spokesman.com/stories/2018/jan/18/spokane-woman-re-releases-book-about-solo-bike-tri/>):

“I was scared to death and had no business going out on a bike ride around the world,” she said.

Yet, she did. In January 1988, the 29-year-old loaded up her bike and proceeded, over the next 18 months to bike 21,000 miles and travel 50,000 miles by plane, boat and train. Her journey began in New Zealand, continued through Australia, Hong Kong, China, Russia, the British Isles and Europe, and ended back in her California home.

After completing her epic trip, Vantress-Lodato wrote a book called “Seeing Myself Seeing the World.”

Website: www.Sallyvantresslodato.com

Registration: Register and pay on line: <http://spokanebicycleclub.org/event-3033468>. If preferred, payment can be sent to: Event Coordinator, Spokane Bicycle Club, PO BOX 62, Spokane, WA 99210

BIKE TOURS

UPCOMING Colville Tour - September 14th - 16th

Spoke n' Hub ride: Around Colville - Sag wagon not needed.

Rides: Each day will be a new long (39-50 miles) and short (21-34 miles) ride.

Register at: <http://www.spokanebicycleclub.org> under the Events tab. Cost is only \$25.00 per person no matter how many days you plan to ride.

Costs: Each rider is responsible for his or her hotel costs and food costs. There are two hotels available in Colville, so if you think you might be going please reserve a room now.

- The Benny Colville Inn (509-684-2517) and the Selkirk motel (509-684-2565).
- Camping is free at the Colville Fairgrounds with access to showers – reservations not required.
- First evening (9/14) from 6 to 9 pm we will meet at Stephanie's Oak Street Grill.

Start Time and Place: The ride time on Sept. 14th is 10 am. It is important to remember that it takes 90 minutes to drive from Spokane to Colville. Following days we will meet at 9 am. The rides the first day will be shorter in length. All rides start and finish at the fairgrounds.

Information meeting: 5 September at the Spokane Valley Library, in the basement conference room from 6 to 7 pm. We will also discuss the level of air quality that would cause participants to choose not to ride.

Tour Coordinator: Gerry Bergstrom (509-995-8118)

Upcoming - Yakima's Greenway Bicycle trail – October 27th & 28th

Saturday Steady (12-14 MPH) is sponsoring an overnight trip to Yakima as a finale for their cycling season. The trail is an 18 mile long paved trail which as an out and back yielding 36 miles total over 2 days. Since each day is out and back, you can go as fast and far (or as slow and short) as you wish. There are additional miles of good cycling for those who would like to do more. Since many of you may wish to reserve a motel room or campsite early to get a good price or location, you would need to reserve Saturday, October 27. The State Park in Yakima is Yakima Sportsman State Park (www.parks.wa.gov or 888-226-7688). Tent sites are \$30 and showers are included. Motels range from \$60 to \$200. Each rider can choose whatever lodging they wish. There is no need for all riders to be at one lodging location since we will communicate via cell phone for meet times and locations not already given out when we meet for breakfast on Saturday, October 27th in Spokane. Two examples of upscale motels which are right on the Greenway are the Oxford Inn and the Oxford Suites. Open to all SBC members. A special treat, the 11 miles of trail to Naches is newly paved this year.

Contact us if you have questions. Mary & T.J. Badger, 467-8099 or badgermary@mac.com

Trail of the Coeur D'Alene Tour Recap

Dave Smith said of his father in law, Don Carlton: "He's as tough as a \$2 dollar steak" as we both watched Don crest Dobson Pass on day three of the trail of CDA club tour. It was a cool and beautiful Sunday morning in June.



Jim O'Hare and I gladly offered SAG support as 21 SBC members rode one of three different routes on the Trail of the Coeur D' Alenes over the weekend of June 28 – July 1st.

Riders had a choice of three coordinated rides:

1. Plummer to Wallace on CD'A trail returning over Dobson Pass and back to the trail (148.2 miles). Day one: Plummer to Kellogg (54.4 mile) (camp or motel). Day two: Kellogg to Wallace (11 miles) spend the day in Wallace and evening exploring and socializing. Day three: Wallace - Dobson Pass - CD'A trail - Plummer. (83.9 miles) For Map and Cue Sheet click [HERE](#).
2. Plummer to Wallace and back on the CD'A trail (132.2 miles) Day one: Plummer to Kellogg (54.4 mile) (camp or motel). Day two: Kellogg to Wallace (11 miles) spend the day in Wallace and evening exploring and socializing. Day three: Wallace - Plummer on the CD'A trail. (65.1 miles). For Map and Cue Sheet click [HERE](#)
3. Rose lake (trailhead on the CD'A trail) to Wallace and back. (62.2 miles round trip). Day one: June 30 - Rose Lake Trailhead to Wallace (31.3 mile). Spend the day in Wallace and evening exploring and socializing. Day two: return to Rose Lake Trailhead. For Map and Cue Sheet click [HERE](#)

The tour offered fantastic scenery, just enough miles to make it challenging and delightful comradery in Wallace for all on Saturday evening at the 1313 club.

Garry Kehr

PICK UP RIDES

Club members who wish to lead a “pick up ride” should contact Cyrus McLean via email at cyrusmcl@yahoo.com. Provide him with the date of the proposed ride and a ride description to include the following:


[start time] [meet place, with address or cross streets] [pace in mph on the level] [distance] [terrain] [route description] [water/snack/eat info if applicable] [map and cue sheet, if applicable] [weather cancellation, if applicable] [leader name and contact cell phone number] [directions to ride start if needed]

Don't forget you need to have riders sign the release statement. You can print statement off the website: Click on Rides Program/Rides Signup Sheet-for Printing


If you are not on the “pick up” list and wish to be added, email Cyrus with your name and email address. You will then be alerted when “pick up rides” are announced.

If you have any questions about this, contact Cyrus.

Reminders: The start time is the departure time, not the arrival time.

Note: The icon,  , is added if there are two possible rides in one listing.

LABOR DAY RIDES – Monday September 3

Option 1:  Meet: Falls Park in Post Falls at 8:30 am. To get there turn right off I-90 at exit 5 then take the next right for the park. The ride will have a relaxed pace--10-14 mph with 22 flat miles for those coming straight back or 51 hilly miles for those riding around Hayden Lake on the return. Ride to Rathdrum for the pancake feed at the Lion's Clubhouse, corner of HWY 53 and Meyers Road. A mere \$5.00 gets you pancakes, juice, coffee, eggs, and sausage.

Leader: Don Carlton, 509-747-5581.

Option 2: Mission Park, Spokane, to Rathdrum Start: 7:00 am Meet: Mission Park Route: Centennial Trail, Rathdrum Prairie, Lion's Club breakfast in Rathdrum. Possible extension to Hayden lake with stops at English Point and Finucane Park in Hayden, ID.

Leader: Charlie Greenwood 624-8617

MONDAY MORNING Traditional Recurring Ride (Dave Killen's Ride*)

Start: 9:00 am for **September** rides, 10:00 am for **October** Meet: Little Garden Café, 2901 W Norwest Blvd. Description: LGC to 9-mile Dam via Aubrey White Parkway, Centennial Trail, including 2.2-mile extension of Centennial Trail to Long Lake. Pace: 12-14 mph Distance: 26 miles. Terrain: Mostly flat with some hills. Regroup: Parking area/restroom at McLellan trailhead N of Seven Mile bridge and at Long Lake (Nine Mile Recreation Area). Midway Stop: Tin Cup for eats and coffee. Weather: Ride ordinarily goes rain or shine except for lightning and ice; final determination made by ride leader at start.

Ride Leader: Don Barden. Home 509-808-2932; Cell 206-450-3576

MONDAY MORNING Paved Trail Recurring Rides

(No ride on Labor Day, September 3)

Start: 9:00 am for September 10, 17 and 24. No scheduled rides in October.

Meet: Centennial Trail – East Maringo Drive Trailhead

Description: Centennial Trail from East Maringo Drive Trailhead to Barker Road Trailhead and return. Mostly flat with 2 short, easy hills.

Pace: 10-12 mph, mostly flat

Distance: 15 miles round trip

Directions to trailhead: north on Argonne from I-90, turn right on E. Maringo Dr., the first street after crossing the Spokane River, or, from intersection of N. Argonne Rd. and E. Upriver Dr, go east on Upriver for .4 mile to Farr Road. Go south on Farr to Maringo, left on Maringo, 1 block to the trailhead.

Eat: This is a calorie-free ride.

Rain or Air Quality Index above 150 (smoke) cancels. Rain cancels. If in question, call.

Leader: Elaine Mayes 995-8982 or 922-1033.

SCENIC TUESDAY Ride Schedule

Call the leader in case of questionable weather. The Scenic Riders group also has occasional Thursday rides, always at Leisurely pace classification of 10-12 mph. If interested, call Jan Whaley—509.448.5645 or Sharon Morrison—509.710.5650. Reminder: the START time is the DEPARTURE time.

September 4 Coeur d'Alene Meander. Start: 9:00 am Meet: Riverstone Park off Northwest Blvd. in CDA. (If coming from Spokane, take Exit 11 off I-90 east.) Pace: 10-12 mph. Distance: 20 miles. Terrain: mostly flat with a few gentle hills. Regroup often. Route: From Riverstone Park ride the Prairie Trail taking side trips through neighborhoods. Eat: Le Peep at Riverstone, 1884 W. Bellerive Ln. Leader: Shirley Sturts 208.664.5318

September 11 Liberty Lake Loop. Start: 9:00 am Meet: City of Liberty Lake Town Square [take exit 296 from I-90 (Harvard Rd.) At intersection with Appleway, go east. After Taco Bell turn right at Farmers Market sign (Meadowwood Lane.) If you get to STCU or the Corkhouse restaurant, you've gone too far.] Pace: 10-12 mph. Distance: 19 miles Terrain: flat to rolling hills. Regroup often. Route: Loops through Liberty Lake vicinity. Eat: "Eat Good" Deli (run by Wandering Table group.) If rain: Eat first (still meet at Town Square,) then ride. Leader: Mary & T.J. Badger 509.467.8099 or badgermary@hotmail.com

September 18 Five-Mile Prairie Ride. Start: 9:00 am Meet: Sky Prairie Park on 5-Mile Prairie. Directions to start: from Maple & Francis, go north 1 block, turn left on Five Mile Road. Go almost 2 miles, turn right on Strong Road & go to Nettleton Ct. Turn right. Meet near restrooms. Pace: 10-12 mph. Distance: 20 miles Terrain: some hills. Regroup often. Route: We will meander throughout the area. Eat: Suzi's house at 1315 W. Woodside. Please bring 1 cup of something for a salad. Surprise us! Two people could bring rolls & 2 could bring desserts. Beverage & fresh garden greens provided. Leader: Suzi Hokonson 509.808.1255

September 25 South Hill Gander. Start: 9:00 am Meet: Parking lot just north of El Charrito Mexican Restaurant, 4304 S. Regal. (West side of the street before you get to 44th coming south from 37th.) Pace: 10-12 mph. Distance: 16-18 miles. Terrain: mostly flat except for the ups & downs around Manito Park. Regroup often. Route: Ride through various areas of the south hill, mostly east & west. Eat: El Charrito Leader: Fred Strange 509-995-8192

October 2 Children of the Sun Ride. Start: 9:30 am (**Note later start time.**) Meet: On Decatur across from the Skatepark at Harmon Field (Market & Decatur) in Hillyard. Pace: Leisurely 10-12 mph. Distance: 15 miles. Terrain: some hills. Regroup often. Route: We will ride from the park including the Children of the Sun Trail. We will turn back before descending the last long & steep hill. Eat: DeLeon's Mexican Deli & Grocery, 102 E. Francis. Leader: Dave Adams 509.993.3496

October 9 Centennial Trail Ride. Start: 9:00 am Meet: Perkins – south part of parking lot in downtown Spokane, 12 E. Olive Ave (on Division, 1 block north of Spokane Falls Blvd.) Pace: 10-12 mph. Distance: 20 miles. Terrain: mostly flat with a few gentle hills. Regroup often. Route: Ride the Centennial Trail 10 mi. east & back. Eat: Perkins

Leader: Inge Bohnet 509.327.6780

October 16 Nine-Mile Falls Ride. Start: 9:00 am Meet: Sontag Park on Charles Rd, northwest of Nine-Mile Dam across the bridge. Pace: 10-12 mph. Distance: 18 miles. Terrain: Two hills coming up from the river. Regroup often. Route: We will ride from the park along the trail & then down the road along the river. Eat: Tin Cup, 10013 W. Charles Rd Leader: Sharlene Lundal 509.624.1539

October 23 Coeur d'Alene Ride. Start: 9:00 am Meet: Riverstone Park off Northwest Blvd. in CDA. (If coming from Spokane, take Exit 11 off I-90 east.) Pace: 10-12 mph. Distance: 18-20 miles. Terrain: mostly flat with some gentle hills. Regroup often. Route: Ride into CDA & back; visit some historic trees & historic buildings. Eat: Le Peep at Riverstone, 1884 W. Bellerive Ln Leader: Shirley Sturts 208.664.5318

October 30 Halloween Ride-Wear a costume, if you wish! Start: 9:00 am Meet: Olmstead Park at Summit Parkway & Nettleton. Pace: 10-12 mph. Distance: 20 miles. Terrain: mostly flat with a few hills. Regroup often. Route: Ride east on Centennial Trail. Eat: Veraci's Pizza at Kendall Yards. Leader: Jan Whaley 509.448.5645 h or 509.994.8173 c

TEAM TUESDAY Ride Schedule

September 4 FLT to Mason Jar, Cheney Start: 9:00 am Meet: Fish Lake Trailhead Government Way/Milton Pace: 12-14 mph Distance: 32 miles Route: FLT, Cheney- Spokane Rd, Columbia Plateau Trail to Cheney and return. Terrain: gradual grade up to Cheney and down on the return. Heavy smoke or rain cancels. Eat: Mason Jar in Cheney Leader: Lila Meglio 509-378-8665

September 11 Post Falls to Higgins Point Start: 10:00 am Meet: Post Falls Park
Pace: Leisurely 10-12 mph Distance: 36 miles Terrain: Flat, one hill. Route: Post Falls to CDA via Centennial Trail, CDA to Higgins Point on bike trail. Regroup: as needed. Eat CDA then return.
Alternative Meet: Riverstone Park in CDA at 10:45 am Rain cancels. Leader: Don Carlton 509-747-5581

September 18 - No Ride Scheduled - Pick Up Ride encouraged

September 25 Palouse-Valley-South Hill Start: 9:00 am Meet: Albertsons at 57th & S. Regal, Pace: 12-14 mph Distance: 29 miles, Description: S. Regal, Windmill, Palouse Hwy, Madison, Dishman-Mica, Sprague, Havana-Yale, Ben Burr Trail, Eat: tbd, No map - regroup as needed, Leader: Sally Phillips 448-6271

October 2 - No Ride Scheduled - Pick Up Ride encouraged

October 9 Cheney to Medical Lake Loop Start: 10:00 am Meet: Starbucks in shopping complex on 2816 1st St. Cheney, WA 99004 (about a 25 min. drive from the Perry/29th St. area of the South Hill using I-90, exit 270, continuing on to Michael Anderson Mem. Highway for 4.4. miles into Cheney) Pace: 12-14 mph Distance: 26 miles Terrain: country roads, rollers, one long hill from Silver Lake to Granite Lake Description: Betz, Salnave, east side of Clear Lake, rest stop at Medical Lake Waterfront Park. E. Lake St. drop south east of Silver Lake, under I-90, S. Granite Lake Rd to Betz. Eat: Lefevre Bakery and Cafe Regroup: At turns and tops of hills. Map and Cue sheet provided. Rain cancels. Leader: Garry Kehr 509-990-1474

October 16 Saltese Lake Loop. Start: 10:00 am Meet: Skyway Café parking lot at Felts Field. Pace: Steady, 12-14 mph on flat terrain. Distance: 36 miles. Terrain: Some significant hills; regroup often. Description: Skyway Café, Euclid-CT-Flora-Henry- loop. Eat: Skyway Café at Felts Field at end of ride. Map and cue sheet will be available. Heavy rain- strong winds cancels. Leader: Garry Kehr 509-990-1474.

October 23 No Ride Scheduled - Pick Up Ride encouraged

October 30 Baltimore Loop. Start: 10:00 am, Meet: Rocket Market, 43rd and Scott (park on street); Pace: 12-14 mph Distance: 17 miles; Terrain: hilly; Route: down Hatch, Hangman, up Baltimore, Windmill, Willow, Palouse, Jamison, Ben Burr, Myrtle, Julia, 44th, Cook, Thurston, Return. Eat: Rocket Market; Inclement weather cancels!Leader: Don Carlton; 509-747-5581, doncarlton@msn.com

THURSDAY MORNING Ride Schedule

September 6 2 Riverside State Park + Coulee Hite Start: 8:30 am Meet: Indaba Coffee at 419 N Nettleton St. Pace: 12-14 mph Hilly terrain. Will regroup at major turns. Route: Summit Parkway to Government Way to Old Trails Rd. -Inland Rd-Seven Mile -Wood Rd-Charles. Stop at Tin Cup Cafe in Nine Mile Falls. Seven Mile Rd back thru Riverside State Park. Pass golf course. Centennial Trail back to ride start. Ride leader's discretion to add miles on Four Mound-Coulee Hite if weather permits. Rain cancels. Distance: Short ride 32 miles, Long ride about 44 miles. Ride leader: Lila Meglio 509 378 8665

September 13 ² Mt. Hope and Southern Loop Start: 9:00 am Meet: Mt. Hope Cemetery
Directions to start: Palouse Hwy to Valley Chapel Rd. 11 miles from the Palouse Hwy. miles to start at Mt Hope Cemetery. (corner of Valley Chapel and N Kentucky Trails)
**Google has 16 miles from Albertson's on 57th and Regal, 16 miles of driving.
Pace: 12-14 mph Distance: Short loop: 23 miles. Long loop via Latah: 47miles. Everyone starts out on N. Kentucky Trails. Counter clockwise to Latah and back on highway.
Terrain: Extreme rollers with one big hill. Bring snacks and water. Rain cancels.
Leader: Don Carlton 509 747 5581

September 20 Greenbluff Start: 9:00 am Meet: Safeway 10100N Newport Highway
Pace: 12-14 mph Distance: 35-40 miles Description: Children of the Sun Trail south to Fairview with a special view. Fairview, Stoneman, Bruce to E. Morgan Rd. which becomes E. Pleasant Prairie Rd, to Forker, down Moffat to Mt Spokane, Greenbluff and back to Safeway. Terrain: hilly. Regroup at turns and top of hills.. Eat: Petit Chat Bakery on Wall and Whitworth Drive. Bring snacks. Heavy rain cancels. Leader: Amina Giles 509 844 4209

September 27 Centennial Trail, Newman Lake Start: 9:00 am Meet: Centennial Trailhead at Barker Rd Pace: 12-14 mph Distance: 32.5 miles Terrain: flat on CT, many hills around Newman - 1250 ft of climb Description: From Barker Rd, Centennial Trail, Harvard, Euclid, Starr, around Newman Lake. No map, but regroup as needed Eat: bring pocket snacks and water. We will stop at convenience store on Starr Rd. Leader: Sally Phillips 448-6271

October 4 FLT to Cheney Start: 9:00 am Meet: Fish Lake trail head Milton and Government Way Pace: 12-14 mph Description: Ride to Cheney and back on trail. Stop and regroup when needed. Distance: 28 miles Terrain: basically flat with one hill on Scribner Rd. Will stop at the Mason Jar for about 20-30 mins for snacks. Ride cancels if raining, below 40f or Air Quality above 150. Leader: Russ Peters 907 268-7453

October 11 Cheney Rd-Wells Rd Loop Start: 10:00 am (**Note time change!**) Meet: Harvester Restaurant in Spangle Directions: about a 20 minute drive from downtown Spokane, south on Hwy 195 Pace: 12-14 mph Terrain: rolling hills Distance: 28 miles Regroup often. Description: Old 195 to Plaza. Wells Rd. return on Cheney-Spangle Rd
Eat: Harvester. Map and cue sheet available. Heavy rain, strong wind cancels.
Leader: Gary Kehr 509-990-1474

October 18 Greenbluff–Big Meadows Start: 10:00 am Meet: Safeway 10100 N Newport Highway Pace: 12-14 mph Regroup at turns and top of hills. Distance: approx..40 miles
Description: Stoneman, Bruce Rd, Greenbluff to Big Meadows. To the Secret Valley to the Little Spokane up Mill Rd Two extreme hills and other rollers. Bring snacks.Eat: Petit Chat Bakery on Whitworth Drive and Wall. Heavy rain cancels. Leader: Amina Giles 509-844-4209

October 25 South Hill Park Ride Start: 10:00 am Meet: Rocket Market, corner of Hatch and High Drive. Park on street. Pace: 12-14mph Terrain: hilly Distance: 21-27 miles
Description: tour of the south hill. Regroup at turns. Eat: Rocket Market at end. Rain cancels.
Leader: Don Carlton 509-747-5581

WOMEN'S FRIDAY Ride Schedule

September 7 Downtown Centennial Trail Start: 10:00 am Meet: Courtyard Marriott, 401 E Riverpoint Blvd Pace: 10-12 mph Distance: 20 miles Terrain: Flat trail
Route: East from University District on the Centennial Trail Eat: Perkins
Steady rain cancels. Leader: Betty Ledlin 509-747-4352

September 14 Children of the Sun Start: 9:30 am (**Note start time.**) Meet: On Decatur across from the Skatepark at Harmon Field (Market & Decatur) in Hillyard. Pace: 10-12 mph. Distance: 15 miles. Terrain: some hills. Regroup often. Route: We will ride from the park north on Children of the Sun Trail. Choose to descend and re-climb the last long & steep hill.
Eat: DeLeon's Mexican Deli & Grocery, 102 E. Francis. Leader: Susan Strong 509-990-8877

September 21 North and South Valley Ramble Start: 10:00 am. Meet: Walmart South Valley - Broadway at Sullivan Southeast corner of parking lot near Lowe's
Pace: 10-12 mph Distance: Approximately 20 miles Terrain: Mostly flat
Route: Loop east and south, returning west and north Eat: Panera Bread - Sullivan
Rain, excessive wind or poor air quality cancels.
Leader: Margaret Watson H: 509-624-3793 (preferred/home) C: 509-279-9773

September 28 Medical and Clear Lakes Start: 10:00 am Meet: South of Medical Lake City Hall, intersection of Lefevre and Hancock Pace: 10-14 mph Distance: 17 miles Terrain: Flat to gentle hills Route: Highway 902, Salnave Rd, Clear Lake Rd loop Eat: Lefevre Bakery, 123 S Lefevre Street Rain cancels Leader: Karen Carlberg karencarlberg@comcast.net, H 624-6989, M 795-4479

October 5 Mead to Chattaroy Start: 10:00 am. Meet: Yoke's, Newport Hwy at Mt Spokane Hwy (206) Park in the NW corner of Yokes off Market. Pace: 10-12 mph
Distance: Approximately 20 miles Terrain: Mostly flat Route: Boston, Colbert, Yale, Elk-Chattaroy - out and back Eat: Cinola's N 14712 Newport Hwy, Mead
Rain, excessive wind or poor air quality cancels. Leader: Margaret Watson (509) 624-3793

October 12 Riverside Park Start: 10:00 am Meet: West Central Community Center, 1603 N Belt St Pace: 10-14 mph Distance: 17 miles Terrain: Moderately hilly with Pettet Drive hill at the end Route: Pettet, Downriver, Aubrey White, to Seven Mile Bridge and back
Eat: Veraci Pizza, 1333 W Summit Pkwy, Kendall Yards. Rain cancels.
Leader: Karen Carlberg karencarlberg@comcast.net, H 624-6989, M 795-4479

October 19 Deer Park Prairies Start: 10:30 am to allow for drive Meet: First Street Bar & Grill, 122 W 1st St, Deer Park, WA Pace: 10-12mph or as you choose: map provided
Distance: 19 miles Terrain: Mostly flat, a few rolling hills. Regroup: As needed
Route: Prairies north and west of Deer Park Eat: First Street Grill Deer Park
Weather cancellation: Steady rain cancels. Call leader Leader: Eileen Hyatt 509-475-9328

October 26 Mellow Valley Ride. Start: 10:00 am. Meet: Albertsons 32nd and Hwy 27.
Pace: 10 to 12 mph. Distance: 19.8 miles. Terrain: Flat through Valley.
Route: 32nd to Evergreen – 16th – Conklin – Broadway – Flora – Euclid (east) Harvard – return. Neighborhood streets. Eat: TBD. Rain cancels. Call the ride leader if you have questions
Leader: Barb Kehr 509-290-1967.

SATURDAY STEADY Ride Schedule

September 1 Hauser Lake Loop – Newman Lake Vistas. Start: 9:30 am. (Note time change). Meet: Curley's Restaurant, 26433 W. Hwy 53, in Idaho. (From Trent & Stcarr, continue east on Trent for 3.0 miles. Curley's is 1.6 miles east of the WA-ID line. Park on west side of Curley's). Pace: 12-14 mph Distance: 23.4 miles. Terrain: Flat with some hills. Maps: for faster or slower riders. Regroup: Occasional. Route: Newman Lake Arm, Honeymoon Bay, E. Newman Lake Drive Boat Launch, Hauser Lake. Scenic views of 2 lakes. Eat: Curley's. If Rain: Eat first, then ride (still meet at Curley's).
Leaders: Mary & T.J. Badger, 467-8099 or badgermary@ hotmail.com.

September 8 Iron Bridge – Centennial Trail Loop. Start: 9:30 am. Meet: Intersection of Columbus and Cataldo (1 block east of 1028 N. Hamilton near Gonzaga). Pace: 12-14 mph Distance: 28 miles Terrain: Flat to rolling. Cue sheet: for faster or slower riders. Regroup: Frequent. Route: Iron Bridge, S.C.C., Felts Field, Centennial Trail. Eat: Clarks Fork, 1028 N. Hamilton St. If Rain: Eat first, then ride.
Leaders: Mary & T.J. Badger, 467-8099 or badgermary@ hotmail.com.

September 15 Fernan Lake – Higgens Point. Start: 9:30 am. Meet: Streets behind Michael D's Restaurant in CdA. Allow 45 minutes to drive from downtown Spokane. There is construction on I-90, so check on current traffic conditions with Idaho DOT (<https://lb.511.idaho.gov>). Sherman Ave, exit 15, is the most convenient exit if it is open. If it is not open, find your way to Sherman Ave. from Northwest Blvd or 3rd St. and head east. Drive south at the traffic light at the junction of Sherman Ave. and CdA Drive. You will see Michael D's on the right. Park on the streets behind Michael D's. Pace: 12-14 mph Distance: 22 miles. Terrain: Flat to rolling, plus 2 hills. Cue sheet: for faster or slower riders. Regroup: Occasional. Route: Fernan Lake, out & back; Idaho C.T. to Higgens Point & back. Eat: Michael D's (223 Coeur d'Alene Drive). If Rain: Eat first, then ride.
Leaders: Mary & T.J. Badger, 467-8099 or badgermary@ hotmail.com.

September 22 Liberty Lake Loops. Start: 9:30 am. Meet: Between McDonald's & Starbucks at Liberty Lake, just south of I-90, exit 296 (Harvard Rd.). Pace: 12-14 mph Distance: 27 miles. Terrain: Flat to rolling, 2 short hills. Cue sheet: for faster or slower riders. Regroup: Frequent. Route: Liberty Lake Trail, C.T., looping traverse through Liberty Lake. Eat: Corkhouse Restaurant, 1400 N. Meadowwood Ln, (jct with Mission Ave., near meeting spot). If Rain: Eat first, then ride (still meet near McDonalds).
Leaders: Mary & T.J. Badger, 467-8099 or badgermary@ hotmail.com.

September 29 Corkscrew Canyon – Reservation Rd. Autumn Leaf. Start: 9:30 am. Meet: Junction (NE corner) of Hwy. 291 & Corkscrew Canyon Rd. This is 29 miles from downtown Spokane & 19 miles from Nine Mile Falls. Pace: 12-14 mph Distance: 21.4 35.3 miles. Terrain: Flat for short ride, one big hill for long ride, then flat to rolling. Cue sheet: for faster or slower riders. Regroup: Occasional. Route: Corkscrew Canyon Rd., Hwy. 231, Ford-Wellpinit Rd., Reservation Rd. – out and back. Eat: Pizza Factory in Suncrest. If Rain: Eat first, then ride (still meet at Junction).
Leaders: Mary & T.J. Badger, 467-8099 or badgermary@ hotmail.com.

October 6 Rustic Roads Medical Lake Autumn Leaf. Start: 10:00 am. (Note time change). Meet: On Grace St. near Lefevre St. Bakery in Medical Lake. It's a 20 minute drive from Downtown Spokane via I-90 & Hwy. 902. Pace: 12-14 mph Distance: 24 miles Terrain: Flat to rolling with 2 small hills. Cue sheet: for faster or slower riders. Regroup: Frequent. Route: All paved surfaces except for one 10 foot strip of gravel. 4 out & back roads plus 2 loops. Eat: Lefevre Bakery, on Lefevre St. across from City Hall, Fire Dept., & Police Dept. If Rain: Eat first, then ride. Leaders: Mary & T.J. Badger, 467-8099 or badgermary@ hotmail.com.

October 13 Rockford – Fightin' Creek Autumn Leaf. Start: 10:00 am. Meet: Rockford Fairgrounds Park, ½ block south of Harvest Moon Restaurant in Rockford. From I-90, take Hwy. 27 South, turn left into Rockford (Hwy.278). Turn right at First St. Harvest Moon is on right, followed by the Park. Pace: 12-14 mph Distance: 24.4 or 27.1 miles Terrain: Flat to rolling with 2 or 3 hills. Map: for faster or slower riders. Regroup: Occasional. Route: Stringham, Molter, & Elder Roads (27.1 mile route uses Hwy. 27). Eat: Harvest Moon. If Rain: Eat first, then ride. Leaders: Mary & T.J. Badger, 467-8099 or badgermary@ hotmail.com. .

October 20 Cougar Creek Autumn Leaf. Start: 10:00 am. Meet: North end of The Cedars lot. (From CdA, take Hwy. 95 South & cross over the Spokane River Bridge, turn left on Marina Drive & go 0.4 mi, park far away from the Cedars Floating Restaurant). Pace: 12-14 mph Distance: 21 miles. Terrain: flat to rolling plus one long hill. Map: none Regroup: Often. Route: Marina area & Cougar Creek area. Eat: Group choice in CdA (The Cedars is not open for lunch). If Rain: Eat first (still meet at The Cedars), then ride. Leaders: Mary & T.J. Badger, 467-8099 or badgermary@ hotmail.com.

October 27- 28, Saturday & Sunday. Yakima's Greenway Bicycle Trail.

An overnight trip to Yakima is a finale for this ride series' cycling season. The trail is an 18 mile long paved trail which is an out and back, yielding 36 miles total over 2 days. Since each day is out and back, you can go as fast and far (or as slow and short) as you wish. There are additional miles of good cycling for those who would like to do more. Since many of you may wish to reserve a motel room or campsite early to get a good price or location, you would need to reserve Saturday, October 27. The State Park in Yakima is Yakima Sportsman State Park (www.parks.wa.gov or 888-226-7688). Tent sites are \$30 and showers are included. Motels range from \$60 to \$200. Each rider can choose whatever lodging they wish. There is no need for all riders to be at one lodging location since we will communicate via cell phone for meet times and locations not already given out when we meet for breakfast on Saturday, October 27th in Spokane. Two examples of upscale motels which are right on the Greenway are the Oxford Inn and the Oxford Suites. Open to all SBC members. A special treat, the 11 miles of trail to Naches is newly paved this year. Each participant needs to contact us so that we have a correct count. Mary & T.J. Badger, 467-8099 or badgermary@hotmail.com.

SATURDAY STEADY TO BRISK Ride Schedule

September 1 Greenbluff, Big Meadows, Little Spokane Loop. Start: 9:00 am. Note time change. Meet: 7903 E Princeton, leader's home. Pace: 12-14 mph Distance: @ 60 miles Terrain: a couple stout climbs, very scenic, usually light traffic. Return leg is easy riding...all the work is the first half. Description: Up Argonne to Bruce, Greenbluff Rd, Dunn Rd, Big Meadows, Sands, Tallman, Elk Chattaroy, Cross Hwy 2 to N. Glenn, Little Spokane Dr, Shady Slope and on to Children of the Sun trail. Down Freya to Upriver Drive and Paul's home. Eat: bring pocket snacks. We can find a place to get water, but not many food options. No map, but regroup as needed. Leader: Paul Brunton, 953-9564


September 8 Conkling Marina Start: 9:00 am Meet: Coeur D'Alene Casino Resort parking lot (towards the back) near Circling Raven Golf Club Pace: around 15 mph, slower on the gravel Distance: 56.6 miles Terrain: hilly Description: paved and gravel roads from Casino to Conkling Marina and Resort, Trail of the Coeur d'Alenes from Chatcolet to Plummer, gravel and paved roads back to casino. Hybrid or not-so-skinny tired road bike suggested Eat: Conkling Marina and Resort and/or casino after ride Leader: Ed Lee, 509 710 3875 and Sigrid Shearn, 509 999 6332

September 15 4th of July, Beauty Bay Mtn Bike Ride Start: 9:00 am Meet: Yokes at Sprague and McDonald. Carpool to Wolf Lodge Bay Point, 1/4 mile South I-90 from Highway 97 exit. Pace: 10-12 mph Distance: 25-50 miles, depending on the mood of the group. Terrain: hilly. Description: Fourth of July Pass on back roads, Killarney Peak, Beauty Saddle, Beauty Creek, Beauty Bay. Possible side trip to Killarney Lake, and the town of Rose Lake. Eat: tbd, bring water and snacks. Leader: Charlie Greenwood, 624-8617

September 22 Milan, Elk-Chattaroy Loop Start: 9:00 am Meet: Starbucks, 12519 N. Division Pace: 14-15 mph Distance: 45 miles Terrain: rolling and some hills Description: Milan-Elk/Chattaroy loop Eat: bring water and snacks Leader: Bob Bowley, 534-5501

September 29 Trails Post Falls to CDA (Cross or Mtn. Bike Ride) Start: 9:00 am Meet: Falls Park at 305 W. 4th Ave. Post Falls, Idaho. Pace: 12-15mph. Distance: 20-30 miles. Description/Terrain: Flat to a little climbing. Ride on some pavement through neighborhoods in PF to Mill River then on gravel trails along the river to Riverstone in CDA. Ride back on the Prairie Trail, past highlands and back to the park. Eat: CDA at a place in the Riverstone development. Call ride leader if it rain is predicted. Leaders: Sheila and Frank Ping 924-1814

October 6 Rockford, Fairfield, Latah Start: 10:00 am Note time change! Meet: Freeman High School, off Hwy 27 Pace: 15 mph Distance: 50 miles Terrain: rolling hills, 2216 ft of climb Description: Rockford, Fairfield, Latah. Hwy 27, with some backroads – Molter, Truax, Wheeler. Eat: convenience store in Fairfield. Map & regroup as needed. Leader: Sally Phillips 448-6271

October 13  Riverside State Park + Coulee Hite Start: 10:00 am Meet: Indaba Coffee at 419 N Nettleton St. Pace: 12-14 mph Hilly terrain. Will regroup at major turns.
Route: Summit Parkway to Government Way to Old Trails Rd. -Inland Rd-Seven Mile -Wood Rd-Charles. Stop at Tin Cup Cafe in Nine Mile Falls. Seven Mile Rd back thru Riverside State Park. Pass golf course. Centennial Trail back to ride start. Ride leader's discretion to add miles on Four Mound-Coulee Hite if weather permits. Rain cancels.
Distance: Short ride 32 miles, Long ride about 44 miles.
Ride leader: Lila Meglio 509 378 8665

October 20 Cheney via Cedar, Andrus Start: 10:00 am Meet: west end of Coeur d'Alene Park, Browne's Addition Pace: 15 Distance: 41 Terrain: Long climb up Cedar, steep one on Grove, rolling hills, 1800 ft elevation gain. Description: Inland Empire Way, Cheney-Spokane, Cedar, Taylor, Washington Gardner, Grove, Andrus. Back on Fish Lake Trail. Eat: Mason Jar. Bring snacks and water. Leader: Sally Phillips 448-6271

October 27 Hauser Lake Fall Leaves Loop. Start: 10:00 am Meet: Yokes on corner of McDonald Rd. and E. Sprague. Pace: 15mph. Distance: 30-35 miles. Terrain/Description: Gradual climbs over and around Hauser Lake to see the fall colors. Option to do more climbing around Newman (53). Eat: after the ride, place TBD. Call or email if rain or snow is possible. Leaders: Frank and Sheila Ping 924-1814

November 3 John Wayne Trail Mtn Bike Ride. Start: 9:00 am (Note time!)
Meet: Sandifur Bridge parking lot, off Clarke St. Carpool to Rosalia. Pace: 10-12 Distance: 35 Miles. Terrain: flat, but unpaved. Description: Mountain bike back roads from Rosalia to Tekoa. Return on the former John Wayne Trail (now called Palouse to Cascades Trail) Eat: Tekoa. Leader: Charlie Greenwood, 624-8617

Government Affairs

Bike Town Hall

On July 11th, Councilwoman Kate Burke sponsored a gathering of people interested in cycling in Spokane. About 50 people showed up, a mix of cycling enthusiasts, organizations with a cycling interest, and city, county and state employees. A few comments they made:

- Bikes lanes often collect so much debris that they are uncomfortable to ride in. City sweeps streets only three times per year.
- City needs to focus on more continuity for lanes and trails.
- Spokane's official bicycle map does not include Sprague or Monroe, so no bike lanes were considered for those streets when they were redeveloped.
- Kate wants to evaluate completed traffic calming projects to see which ones are most effective.

Spokane cyclists are lucky to have a City Councilperson who is an avid cyclist.

Bicycle Advisory Board Meeting

The BAB has been advertising for new board applicants. A bumper crop of applicants presented themselves at the August meeting. Offering their services: recently retired, life-long cyclist; WSDOT employee who is a bike commuter and was the bike/ped coordinator for WSDOT; long-time cyclist involved in many racing club, who does bicycle event announcements and podcasts about cycling; recently graduated civil engineer working for the City, who has a casual rider focus; civil engineer who shows up at cycling events with his boombox and who is passionate about public spaces; civil engineer working for the City, who has worked on Fish Lake Trail, is both a recreational and commuting rider; mechanical engineer who has worked in bike manufacturing with Serotta and is involved in Bike Share manufacturing. WOW! The only downside is that the process of accepting people onto the board has historically taken many months. After the BAB weighs in on candidates, they pass their advice to the Mayor, who interviews the candidates. City Council ultimately makes the appointments.

Bike Friendly Businesses

Garry Kehr discussed plans for signing up bike-friendly businesses in the City. The League of American Bicyclists runs this program, which certifies businesses based on criteria they have laid out, such as availability of secure bike parking and showers. Currently Washington has 40 certified businesses. None of them are in Spokane. We used to have three, but the certification for those three has expired. Spokane is the only large city in Washington with no certified bike-friendly businesses.

Garry has been working with a list of large employers provided by Commute Trip Reduction. The list includes many businesses that already are doing what is required to get certification. He's been contacting them to encourage them to apply. In some cases, the business is just not interested. In other situations, they do not have a budget to pay the \$100-\$250 application fees.

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Garry will continue to pursue businesses on his list, until they either apply or definitely decline. Garry is going off the BAB, but pledged to finish out this project.

Also, Washington has 17 bike friendly communities, and 1 bike friendly university. Spokane's certification as a bike-friendly community expires this year. The BAB will be working on reapplying in the spring.

Post Street bridge design/build will start mid-2019. There will be an online survey re: favored alignments for bike crossings. A link to the survey just went up:

<https://my.spokanecity.org/projects/post-street-bridge/>

Riverside Ave Rebuild

Riverside's current width could support 20k cars per day, but is only handling 5k. Making better use of the street, and making it ready for the Central City Line has led to a redesign effort. A recent public survey showed strong preference for a cycle track (77%) vs bike lane on Riverside. This will probably be the design the City moves forward with - one motor lane each direction, a center turn lane, bike infrastructure, Central City line pullouts at the curb, plus parking on each side.

Lime Bike Share Pilot Begins



Mayor Condon tries Lime scooter at City Hall

Lime Bike replaced OFO as the vendor that will be running a pilot bike share program Sept 4th - mid-November. Lime is running the pilot at no cost to the City, and will be generating data that can be used by consultant Toole Design in figuring out how to best implement a bike share program in Spokane. Regular bikes, e-assist bikes, and scooters will be in the pilot. Cheapest to rent will be the non-assist bikes, at \$1 per half hour. The aim is to have a bike share program going in Spokane in 2019. The City expects that it will need to provide some subsidy, once the program rolls out.

Lime is providing a dockless system, so bikes can be left anywhere, which creates opportunities, but also problems for the Lime and the City. Lime employees will be redistributing the bikes. They will also be swapping out discharged batteries for fresh ones. Some City issues: Should they set up bike racks or corrals in high use areas such as downtown? What about the City requirement that cyclists wear helmets? For more about the rollout, see Nick Deshais article:

<https://bit.ly/2OV05Tm>

Lime's only been operating since June 2017. Their first year report is available at:

https://www.limebike.com/hubfs/Lime_Official_One_Year_Report.pdf

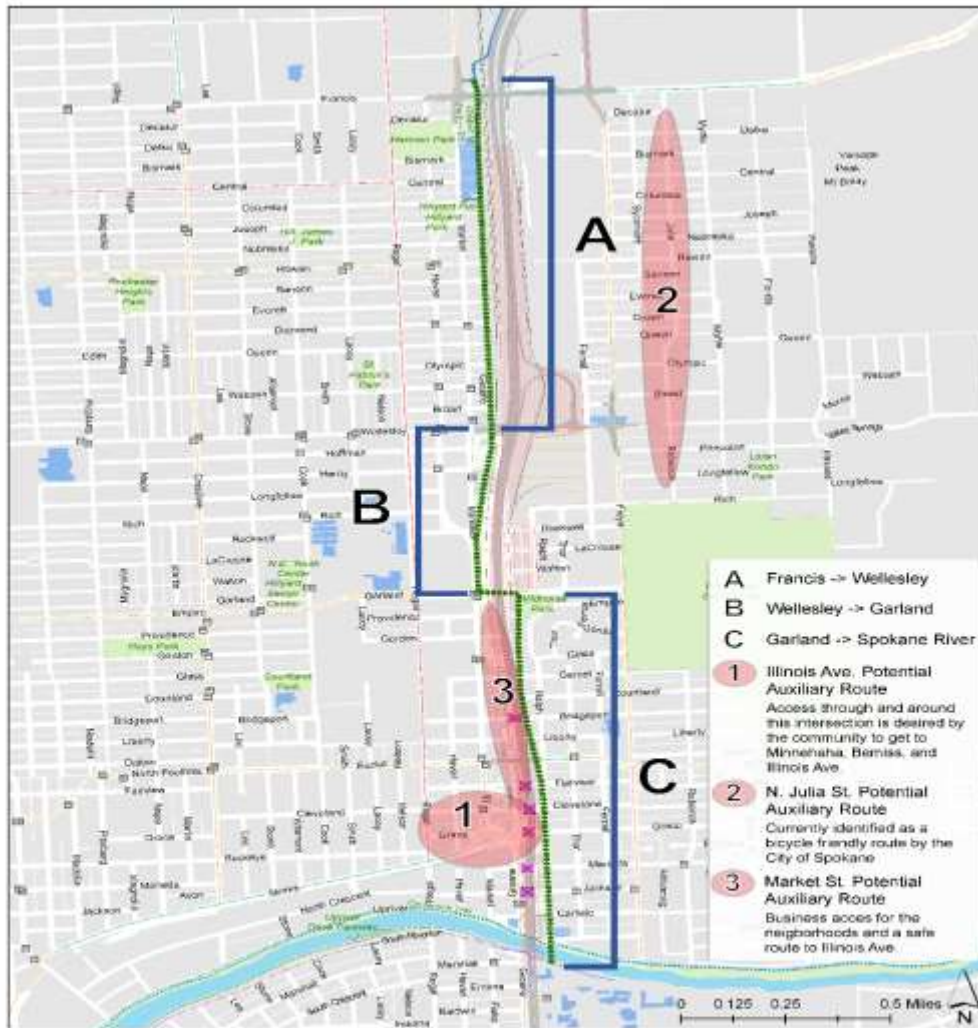
Children of the Sun Trail

WSDOT has been conducting a series of community outreach workshops, intended to get a wide range of ideas on location of the Trail which places it should connect to, and what amenities should be part of the buildout. The workshops take this pile of wishes and prioritize which should be done first, with CoST funding, and which others can be pursued later. Currently the working group is focused on Columbia ? To the river. The plan is to continue the currently-built trail on the west side

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of the freeway, behind Hillyard businesses, on Regal Street until Garland, then cross to the east side and proceed either immediately adjacent to the freeway or on Ralph, a quiet residential street. There would be a bridge over Euclid, the only busy street as the trail proceeds to the Spokane River. A bike/ped bridge would be built at the river.

There's a survey, asking people's opinions of the this trail alignment. However, the survey has a quick turn-around time – responses are due by 9/1. Find the survey, at: <https://bit.ly/2PvcYEO>, where you can also find a more-legible version of the map below. At the same site, a 'Resources' tab shows a multitude of ideas for making the freeway and trail more welcoming to neighborhood users.



July 30th CoST Preferred Route w/ Auxiliary Locations

WSDOT EASTERN WASHINGTON
CITY OF SPOKANE

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Charettes for plans south of the river will get under weigh in 2019, probably in April. Many suggestions for the south portions include taking the CoST away from the immediate vicinity of the NS freeway. Plans include connecting CoST to Ben Burr Trail and the future Millwood Trail. Should be interesting!

BITS

WSDOT and Cascade are jointly sponsoring a manual bike/ped count, Sept 25-27th. The counts run for two hours in the morning (7-9 AM) or afternoon (4-6 PM). You can sign up at: <https://www.wsdot.wa.gov/travel/commute-choices/bike/count> That site also shows stats from different locations in previous years. Looks like some spots were not covered last year due to lack of volunteers. Please help, if you can.

OutThereMonthly keeps an archive of its 'Everyday Cyclist' columns at:

<https://outthereoutdoors.com/category/everyday-cyclist/>

Did you know that you can get personalized help finding City information by calling **311**? For example, when you want to report a pothole, a street-cleaning need, or need info about a meeting, but don't know where to find details on the City site. The helpful folks at the city will run down information for you.

The Inlander had a great article about development of the Idaho CT, emphasizing how much time, leadership and citizen effort it took to accomplish: <https://bit.ly/2PzRAP4>

– Sally Phillips





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to the following SBC sponsors

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Your Adventure Starts Here

MOUNTAIN GEAR

Spokane Bicycle Club Board Meeting

August 7, 2018

REI

Board Members Present: Gerry Bergstrom, Garry Kehr, Sally Phillips, Dud Bowers

Board Member Absent: Scott Schell, Hershel Zellman, Margaret Watson, Bill Olsen

Quorum Achieved: Yes

Guests: Susan Strong, Ride Coordinator

Call to Order: at 6:03 PM by Gerry Bergstrom

Secretary Report: Sally read the minutes, which were approved.

Treasurer's Report:

Sally presented the Year to Date Cash Flow and Account Balances – see attachments. Member income is up about \$550 over last year at this time. Through the remainder of the year we have fixed expenses of @\$1750.

Annual Banquet

SBC banquet is set for 10/27 at Mukagawa. There is no charge for the room, as long as we order at least \$800 in meals. Price will be the same as last year. Sally Vantress-Lodato will be the guest speaker. Gerry will recognize outstanding SBC volunteers. Garry will handle publicity and setup for event registration. Barb Kehr will be asked to MC. Susan will provide Gerry with stats on people who led 10 or more rides.

Search Committee for VP and board positions

Past President, Scott Schell, has the task of forming and leading the search committee. Gerry will confirm with Scott. A first task is to determine which board members wish to continue on the board. Note that we need to find a program coordinator for general meetings, starting in 2019.

Fall Club Tour – 9/14-9/16

The group will base in Colville, and take rides in the area. They can camp for free at the fairgrounds. Gerry and Dud are working with a Colville local on routes.

Jersey Issues

We previously discussed replenishing our stock of Club jersey by placing a new order with Primal. Subsequently, discussion with Primal reveals that we must order at least 25 jerseys, which is too large a supply to have on hand. One person has prepaid for a jersey. We will offer him a refund, if none of the remaining jerseys in our stock are his correct size. Scott will put a for-sale notice in the next newsletter, listing the sizes of the jerseys that we still have. We will decide at a later date what to do about club jerseys in the coming years.

Ride Leader Training

Five people received training in July. It was well-received. Garry will offer another training session in February, prior to the regular riding season. The goal is to increase the pool of willing ride leaders.

BBQ Summer Picnic

Nobody stepped forward to organize a summer picnic this year. Susan Strong volunteered to organize one next year, possibly meeting at a local park. Dud will put together an annual calendar of SBC's recurring events. This will give us advance notice of events we should be planning for.

Satellite phone training

Using the satellite phones requires some training and practice. For the Colville tour, routes must be defined. Garry will then identify volunteer sweeps and train them.

Spokefest – SBC booth on 9/9 from 8 AM – 2 PM, in Kendall Yards.

Gerry is organizing. Volunteers will be needed for 3 two-hour shifts, plus helpers to setup and tear down. Gerry will get materials from Mountain Gear at their Valley headquarters. Access to the building is Mon-Friday.

Adjournment: 7:30 PM

Respectfully submitted,
Sally Phillips

APPENDIX A**Banking Summary - YTD**

1/1/2018 through 8/7/2018

Category Description	1/1/2018- 8/7/2018
INCOME	
Donation	66.00
Member Dues	4,300.71
Newsletter Surcharge	280.00
Rental Income	44.00
Sponsorship Income	1,400.00
Tour Deposit	2,898.45
TOTAL INCOME	8,989.16
EXPENSES	
Bike Swap	135.00
Bike to Work Awards	102.25
Contributions -Bicycle Alliance	100.00
Insurance	1,538.63
Misc Exp.	182.64
Newsletter Exp.	
Other Newsletter Exp.	312.21
TOTAL Newsletter Exp.	312.21
Office equipment	1,414.36
Publicity	51.90
Rent	
Other Rent	70.00
TOTAL Rent	70.00
Tour Expense	2,140.24
Tour Refund	300.00
TOTAL EXPENSES	6,347.23
OVERALL TOTAL	2,641.93

APPENDIX B

Account Balances - As of 8/7/2018

Account	Balance
<hr/>	
Bank Accounts	
<hr/>	
12 month CD	0.00
Bank of America Savings	0.00
BAW Contributions	0.00
Centennial Trail Contributions	0.00
Checking Bank of America	0.00
Sponsorship	5,103.59
<u>STCU Checking</u>	<u>10,041.95</u>
TOTAL Bank Accounts	15,145.54
<hr/>	
OVERALL TOTAL	15,145.54