



The Spokane Bicycle Club

Spoke-N-Word

March - April 2020

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2020 Board of Officers		Staff Cont.	
President	Jim O'Hare (509-251-4474) jolmhcATgmail.com	Programs	Jim O'Hare 251-4474 jolmhcATgmail.com Scott Schell 954-6788 cshellwsATcomcast.net
Vice President			
Secretary	Hershel Zellman 509-993-4274 zellpeopleATcomcast.net		Member
Treasurer	Sally Phillips 448-6271 phillips1948ATcomcast.net	ship	Paul Swetik pswetikAHotmail.com
Board of Directors		Web	Serge Bulen 214-669-7109
Immediate	Bill Olson (509-679-1962)	Editor	viggenmarkATgmail.com
Past President	Bjolson54ATgmail.com	<p align="center"><u>Board Meetings</u></p> <p>First Tuesday of every even numbered month REI: 1125 N. Monroe St. Spokane, WA 509-328-9900</p> <p align="center"><u>General Meetings</u></p> <p>6:00 PM to 8:00pm (Unless otherwise noted) 2nd Monday of every month (except June, July, August)</p> <p>REI Community Room 1125 N. Monroe St., Spokane, WA</p>	
Position 1	Susan Strong 990-8877 sublstrongAToutlook.com		
Position 2	Scott Schell 954-6788 cshellwsATcomcast.net		
Position 3	Russ Peters (907-268-7453) Rhp.oldpupupATcomcast.net		
Ride Coordinators			
Monday Recurring	Don Barden 206-450-3576 donald.bardenATgmail.com		
Tuesday Scenic	Jan Whaley 448-5645 whaleyj2618ATcomcast.net Sharon Morrison 710-5650 morrisonranch@ptera.net		
Team	Lila Meglio 509-378-8665		
Tuesday	lfs452ATmsn.com		
Thursday AM	Amina Giles 467-1980 ridinusa2002ATyahoo.com		
Friday Women's Rides	Eileen Hyatt 475-9328 embicycleATAol.com		
Saturday Steady To Brisk	Sally Phillips 448-6271 phillips1948ATcomcast.net		
Saturday Steady (12-14)	Mary and T.J. Badger 467-8099 badgermaryAHotmail.com		
Pick Up Rides	Cyrus McLean 509-838-0649 cyrusmclATyahoo.com		
STAFF			
Ride	Susan Strong 990-8877 sublstrongAToutlook.com		
Newsletter	Barbara Beaton 590-3814 Bbeaton4769ATgmail.com David Whipple 922-2719 dpwhipATgmail.com		

Presidents Letter

Hello and Greetings to All,



Winter appears to be waning and it looks like we have survived the snow and gray skies and Spring is close by. Riding season will soon be in full gear.

If you are interested or have in the past lead SBC rides please consider doing so again, member participation is what makes our Club strong.

As everyone may know by now Mt. Gear has closed its business. SBC will no longer hold its monthly meeting there.

AS OF MARCH 9TH, GENERAL MEETINGS WILL BE HELD AT THE REI COMMUNITY ROOM ON North MONROE, THE MEETING WILL BEGIN AT 6PM AND END AT 8 PM.

A calendar of events has been added to the SBC website. To access the calendar please click on Events, then Upcoming Events and the calendar will appear. If you have a bicycle related event that you would like posted on the calendar please send it to me (jolmhc@gmail.com) and I will enter it.

Also added to website under the Rides Program label at the bottom of that page is the following:

Claims

If necessary, to file a claim after an injury during an SBC ride, please use the form and its instructions in the link below:

[Health Special Risk \(HSR\) - Claims](#)

This item was added for Ride Leader and ride participants should an accident/injury occur during a ride individuals would be able to easily access the claim form necessary for submission to the insurance company.

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In this issue of the Newsletter you will find Sally Phillips usual Government Updates, including information on new laws or expected to soon be laws regarding bicycling safety.

Also, there is information on tours from the SBC Tour Committee listing dates for three tours for 2020. And of course, there is also a tour being offered by Mary and TJ Badger in March in Sunnyside, WA, details for which are listed in this Newsletter.

There are events in April that members may be interested in. The Annual Bike Swap is April 18th, from 9 am to 5 pm at the Fairgrounds. SBC will have a table and will need **4 volunteers** who are willing to work a **two-hour shift**. Please contact me if you can help.

The following week the annual Washington Bike, Walk and Roll Summit will be held in Spokane, April 26th and 27th at the Convention Center. Information and registration can be found at <http://wabikes.org/summit>.

The city of Spokane has openings on the Bicycle Advisory Board. If you interested in this opportunity please contact Colin Quinn-Hurst at cquinnhurst@spokanecity.org, or call him at 625-6804.

At the general meeting in March Jane Schelly will present on her bike and hike tour in Greece.

In April WSDOT staff will present on updates on the Children to Sun Trail and finding thus far of the WSDOT survey. Also, in April Lori and Dave Smith will present on their tour of Bosnia.

Finally, as you plan your calendar out several months in advance please include the SBC 2020 Annual Dinner. The Dinner will be on November 7th and our guest speaker will be **Barb Chamberlain**, a strong and longtime bicycle advocate originally from Spokane and now at the WSDOT in Olympia.

Jim O'Hare

HELP WANTED

The Spokane Bike Club (SBC) currently needs to fill the position of Vice President. This position serves on the Board for three years; the first year as Vice President, the second year as President and the third year as Past President.

Per the By-Laws of the SBC Section 8. The Vice President: The Vice President shall, in the absence of the President, perform the duties and exercise the powers of the President and shall perform such other duties as the Board shall from time to time prescribe.

The training of the Vice President for the following year position of President will be done by the current President, Jim O’Hare. The training will include learning:

- Recruit speakers for SBC General Meetings
- Assist with bi-monthly SBC Board Meetings
- Assist in securing a site and speaker for the SBC Annual Dinner
- Assist in the contact of community sponsor for donations to SBC

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Ride for Refugees Picnic Invitation (SeaTriKan)

SBC Old Flames team has met over half of its \$12,000 commitment thanks to your incredibly generous support!! It means so much to our local refugee community. All donations are tripled through a government grant and stay in Washington state.

<https://fundraise.worldreliefseattle.org/team/271021>

We INVITE ALL to our appreciation and promotional ride and picnic on May 9 at Bruce and Sue's north side home. The regular Saturday ride begins at 9am with two route options, the longest 36 miles. Festivities begin at noon. All details will be in the next newsletter. It will be a fun day with lots of free food. You don't have to ride or donate to come enjoy!

The SeaTriKan ride is full. We ride June 17-21 from Kent, over Mt Rainier, through Yakima, the TriCities, finishing in Spokane.

We hope to see you May 9th!
Bruce, Sue, Ed, Sigrid, Jamie, and Paula



BICYCLE TOURS

March 14-15. Sunnyside Cycling: Saturday and Sunday.

Check link to [Sunnysidetour](#) under Saturday Steady ride Schedule for all the information

June 26- 28. Missoula, MT road bike “HUB” rides

More information to come

Routes being worked on:

1. One day’s ride will be from Ovando to Missoula with shuttle to be worked out.
2. Another day’s ride will be roads around Hamilton, MT, 49 miles south of Missoula with a possible side-trip touring the Daly Mansion which takes 45 minutes.
3. Sunday’s ride will be shorter for those who want to return Sunday afternoon to Spokane.

Leader: Susan Strong 509-990-8877

Note: Riders must make their own lodging reservations and provide transportation. It’s a busy weekend in Missoula so reservations are advised. The KOA Campground is one suggestion with various forms of lodging as well as the Shady Spruce Hostel located on the other side of town for affordable lodging.

Aug 21 – 25. British Columbia, Canada Rail-Trail Tour

Members only: Five days of coordinated rides on various rail trails in the West Kootenay area (Slocan Valley) of British Columbia (BC), Canada. Spectacular scenery? Check. Well maintained rail-trails? Check. Friendly locals? Check. Good exchange rate. Check. What’s not to like? Riders may ride any or all days. Tour will be limited to 25 riders. Participants are encouraged to plan ahead as this part of Canada is popular in the summer and has limited housing/camping accommodations. This is one you won’t want to miss. More information and registration will be available in the near future on the website.

Sept 5 – 7. Colville Tour

Why re-invent the wheel? Past Colville tours have been so successful the Tour Committee decided to try it again – perhaps make it an annual

event. And why not? It's close, it's easy, camping is free, and it's a great opportunity to spend time with other members in a relaxed setting. This year's event will be held in early September (Labor Day weekend). Come 'join the club' for a relaxing weekend of easy riding. Rides begin on Saturday, September 5th and continue through September 7th (Labor Day). Free camping and hot showers are provided by the City of Colville at the fairgrounds (very close to downtown). More information and registration will be available in the near future on the website.

PICK UP RIDES


Club members who wish to lead a "pick up ride" should contact Cyrus McLean via email at cyrusmcl@yahoo.com. Provide him with the date of the proposed ride and a ride description to include the following:

[start time] [meet place, with address or cross streets] [pace in mph on the level] [distance] [terrain] [route description] [water/snack/eat info if applicable] [map and cue sheet, if applicable] [weather cancellation, if applicable] [leader name and contact cell phone number] [directions to ride start if needed]

Don't forget you need to have riders sign the release statement. You can print statement off the website: Click on Rides Program/Rides Signup Sheet-for Printing

If you are not on the "pick up" list and wish to be added, email Cyrus with your name and email address. You will then be alerted when "pick up rides" are announced.

Reminders: The start time is the departure time, not the arrival time.

Note: The icon,  , is added if there are two possible rides in one listing.

MONDAY TRADITIONAL RECURRING Ride Schedule

Start time: 10:00 am for both March and April. **Meet:** Little Garden Café, 2901 W Northwest Blvd. **Description:** LGC to 9-mile Recreation Area via Aubrey White Parkway, Centennial Trail, including 2.2-mile

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extension of Centennial Trail to Long Lake. **Pace:** 12-14 mph on level. **Distance:** 26 miles. **Terrain:** Mostly flat with some hills.

Regroup: Parking area/restroom at McLellan trailhead N of Seven Mile bridge and at Long Lake (Nine Mile Recreation Area). **Midway Stop:** Tin Cup Café on Charles Rd. for eats and coffee. **Weather:** Ride generally goes rain or shine except for lightning, snow, and ice; final determination made by ride leader at start. **Ride Leader:** Don Barden. Home phone: 509-808-2932; cell phone 206-450-3576.

NOTE: Don is recovering from a broken back and may not be able to complete the whole ride initially, so others may need to step up to ensure that there is a leader for the entire ride. For new riders, a helmet is required on all SBC rides.

SCENIC TUESDAY Ride Schedule

Call the leader in case of questionable weather. The Scenic Riders group also has occasional Thursday rides, always at Leisurely pace classification of 10-12 mph. If interested, call Jan Whaley—509.448.5645 or Sharon Morrison—509.710.5650. Reminder: the START time is the DEPARTURE time.

****No rides scheduled for March 3, March 10, March 17, or March 24.**

March 31 Maringo to Harvard Ride. Start: 10:00 am. Meet: Maringo Trailhead southeast of Argonne & Upriver Dr. Pace: 10-12 mph. Distance: 20 miles Terrain: mostly flat, with a few short hills. Regroup: often. Route: Ride the Centennial Trail east to Harvard & back. Eat: Caruso's Sandwich Company, 2314 N. Argonne Rd. Leader: Dave Adams Phone: 509.993.3496

April 7 Prairie Trail Ride. Start: 9:30 am. Meet: Riverstone Park. (Directions: Take exit 11 onto Northwest Blvd toward CDA. In about 0.5 mi. turn right onto N. Lakewood River Dr & then right onto W. Riverstone Dr. In 0.2 mi. turn left onto N. Beebe Blvd & in 400 feet turn right onto Tilford Ln. Go 0.2 mi. to the parking lot.) Pace: 10-12 mph. Distance: about 20 miles Terrain: mostly flat, some ups & downs. Regroup: often. Route: We will ride west on the trail to the end of the

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trail, taking side trips through neighborhoods. Eat: Anthony's, 1926 W. Riverstone Dr.

Leader: Shirley Sturts Phone: 208.678.6187

April 14 South Hill Jaunt. Start: 9:30 am. Meet: Round Table Pizza, 44th & Regal. Pace: 10-12 mph. Distance: 15-20 miles Terrain: mostly flat, with a few hills. Regroup: often. Route: Enjoy riding through various parts of South Hill. Eat: Round Table Pizza, 4510 S. Regal.

Leader: Jan Whaley Phone: 509.448.5645 (home) or 509.994.8173 (cell)

April 21 Kendall Yards Ride. Start: 9:30 am. Meet: Olmstead Park at Summit Parkway & Nettleton. Pace: 10-12 mph. Distance: 18-20 miles Terrain: mostly flat/some hills. Regroup: often. Route: Enjoy this spring ride along the Spokane River. Ride east on Centennial Trail & back. Eat: Veraci's Pizza in Kendall Yards, 1333 W. Summit Pkwy. Leader: Jerry Etchison Phone: 509.599.3775

April 28 Coeur d'Alene Bike Cruise. Start: 9:30 am. Meet: Riverstone Park off of Northwest Blvd in CDA. (See Apr. 7 description for directions to Riverstone Park.) Pace: 10-12 mph. Distance: 18-20 miles Terrain: mostly flat. Regroup: often. Route: Meet at west side of pond. Bike through town, around resort golf club, & return for a town tour. Eat: at Anthony's on the Riverstone Pond, 1926 W. Riverstone Dr. Leader: Shirley Sturts Phone: 208.678.6187

TEAM TUESDAY Ride Schedule

March 3. Seven Mile Loop Start: 10:00 am Meet: Central Foods- 1335 W. Summit Parkway
Pace: 12-14 mph on the flats (On the slow side) Distance: 20 miles
Terrain: Mostly flat with a few moderate hills. Description: Centennial Trail loop – North from Kendall Yards. Eat: Bring water and snacks. TBD in the downtown area. Rain cancels. Cues/map provided.

Leader: Garry Kehr, 509-990-1474

March 10th. FishLake Trail to Cheney. Start: 10:00 am Meet: Fish Lake Trail head, Milton St south of Government Way, Pace: 10-12 mph
Distance: 30 miles Terrain: gradual up the down on the return Route:

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FLT with turn at Schribner Junction; go 2.5 miles on Cheney-Spokane Hwy then reconnect with Trail at Fish Lake. Return same route. Eat: Mason Jar at turn-around point in Cheney. Rain cancels. Leader: Jim O'Hare (509)251-4474

March 17. Centennial Trail to 7 Mile Bridge Start: 10:30 am (Note time change!!)

Meet: Audubon Park off Northwest Blvd and Audubon St. in parking lot on west side of park. Pace: 10-12 mph Distance: 20 miles Route description: West on the CT, past Downriver Golf course out to 7-mile Rd. on north side of river and return, Mostly flat with rollers. Eat: bring snacks, or stop at Little Garden cafe at ride's end. Rain or below 30 degrees cancels ride.

Leader: Lila Meglio, 509-378-8665

March 24. Centennial Trail East. Start: 10:00 am Meet: Mission Park 1208 E. Mission Ave. Pace: 12-14 mph Distance: 23 miles Route: Ride Centennial Trail along Upriver Drive to junction of Arbor Crest hill. Climb up the hill to Arbor Crest, stop and rest at the top of the climb. Ride downhill to Lehman then return on the Centennial Trail to Mission Park. One steep climb from Fruithill Rd to Arbor Crest. Eat: Bring snacks. Rain cancels. Leader: Jim O'Hare (509) 251-4474

March 31. Cheney-Medical Lake Loop Start: 10:00 am Meet: Starbucks, 2816 1st St/Betz Road in Cheney. Pace:12 -14 mph on the flats (On the slow side). Distance: 26.7 miles Terrain: Rolling hills. Route: Betz-N. Washington -Salnave-Silver Lake-Granite Lake Rd. -Betz

Eat: Bring water and snacks. Lefevre St. Bakery and Café in Medical Lake. Rain Cancels. Call leader if you have questions.

Leader: Garry Kehr, 509-990-1474

April 7 Fish Lake Trail and Cheney Plateau Start: 10:00 am Meet: Fish Lake Trailhead (Milton St and Government Way) Pace: 12-14 mph Distance: 30 miles Terrain: Gradual ascent with some gentle up and down on the return. Regroup: as needed Eat: Mason Jar in Cheney. Return via Andrus, Spotted Rd, Thorpe, Garden Springs, Grandview, Lindeke to Milton. Rain cancels. Leader: Blair Strong 509-220-9082

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April 14. South Hill-Valley-Palouse Loop Start: 10:00 am Meet: Wheel Sports business, 30th and Grand. Pace: 12-14 mph on the flats Terrain: Difficult. Three climbs of 3% and one climb of 4% for a total of + 1465' elev. Distance: 28 miles. Route: 37th to Glenrose Rd, S. Carnahan Rd., E.16th, Appleway Blvd., Dishman -Mica Park Dr., Madison Rd., to E. Palouse Hwy., Willow Springs Rd., Rural Rte 3 and return to Wheel Sports. Rain cancels. Leader: Jim O'Hare, (509)251-4474.

April 21. Centennial Trail to Post Falls Start: 10:00 am Meet: Centennial Trail Maringo Trail head Pace: 10-12 mph Distance: 32 flat miles Route: CT to Post Falls, ID and back. Regroup occasionally. Eat: Terre Coffee and Bakery, 621 N. Spokane St, Post Falls, ID. Rain cancels. Leader: Jane Schelly, 509-389-0484, jschelly2013@gmail.com

April 28. Spangle to Waverly to Prairie View Loop. Start: 10:00 am, Meet: Harvester Restaurant parking lot in Spangle, WA. Pace: 12-14 mph Terrain: generally flat with some gentle hills. Climbs of 2% and 4% for a total of +1195 feet elevation. Distance: 31 miles. Route: Ride to East Spangle Waverly Road, Prairie View Road and return to Spangle. Eat: Harvester. Rain cancels. Leader: Jim O'Hare, (509)251-4474

THURSDAY MORNING Ride Schedule

March 5. No ride scheduled.

March 12. Spokane Valley Loop Start: 10:00 am Meet: Albertsons - 13606 E. 32nd Ave, Spokane Valley (Highway 27 and 32ndAve.) Pace: 12 - 14 mph on the flats (On the slow side) Distance: 18.9 miles Terrain: Mostly flat with a few moderate hills. Description: Meander northeast across the river and back. Low traffic roads. Eat: Bring water and snacks. TBD Leader: Garry Kehr, 509-990-1474

March 19. Amina's Birthday Ride Start: 10:00 am Meet: Safeway at 10100 N. Newport Highway Pace: 12-14 mph on level Distance: approximately 25 miles Route: Hawthorn to Mill Rd to Dartford, Austin to Perry, Little Spokane and return Mill Road (fairly steep but short) to Hawthorne. Drive to Amina's house for her famous vegetarian bean

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soup. Steady rain cancels ride. However lunch is still on at noon.

Leader: Amina Giles 509-844-4209

March 26. Centennial Trail Start: 10:00 am Meet: Mission Park Pace: 12-14 mph Distance: app. 20 miles Route: east on Centennial Trail to Harvard and back. Stop to regroup at Argonne Library for bathroom.

Eat: Rockwood Bakery on Argonne. Rain cancels.

Leader: Amina Giles 509-844-4209


April 2. Crestline -Windmill – Jamison Start: 9:00 am (**Note time change!!**) Meet: Wheel Sports -30th and Grand Pace: 12- 14 mph Distance: 10 miles+ Terrain: some hills Route: 37th, south on Crestline, 63rd, Regal, S. Palouse Hwy, to Windmill Rd, Jamison Rd, Ben Burr Rd, and return to Wheel Sports. Rain cancels.

Leader: Jim O'Hare (509) 251-4474

April 9 No ride scheduled.

April 16. Spokefest 21 Mile Route. Start: 9:00 am Meet: Kendall Yards, "The Nest," 1335 W. Summit Parkway. Pace: 12-14 mph Distance: 21 miles Description: Proceed south across Monroe St. Bridge, right on Riverview, Government Way, Aubrey White and Centennial Trail entrance. Centennial Trail to 7 mile bridge. Turn right at bridge and cross to first right at the end of the bridge. Pass Riverside State Park Bowl and Pitcher entrance, Petite Drive, turn right at first intersection, follow road to Summit Blvd and reconnect to Centennial Trail at Boone. Return to Kendall Yard. Rain cancels. Leader: Jim 'Hare (509) 251-4474

April 23. Centennial Trail to Post Falls Start: 10:00 am (**Note time change!!**) Meet: Centennial Trail Maringo Trail head Pace: 10-12 mph Distance: 32 flat miles Route: CT to Post Falls, ID and back. Regroup occasionally. Eat: Terre Coffee and Bakery, 621 N. Spokane St, Post Falls, ID. Rain cancels. Leader: Jane Schelly, 509-389-0484, jschelly2013@gmail.com

April 30  Spangle-Cheney-Plaza Road Start: 10:00 am Meet: Harvester Restaurant in Spangle, WA Pace: 12–14 mph Terrain: Rolling hills. Distance: 18 miles Regroup often. Description: Spangle to old 195 to Powers Rd. Rt. on Sherman rd. Right on Cheney Plaza Rd return to Spangle. Eat: Harvester Restaurant at end of ride. Map and cue sheet

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will be available. Heavy rain or strong wind cancels Leaders: Barb Kehr 509 290-1967. Optional 28 mile loop will be led by Garry Kehr.

WOMEN'S FRIDAY Ride Schedule

****March can be rainy, so we will meet at the same spot each week - if the weather cooperates. Rain cancels. Distance and direction of ride from parking area will be up to the group.**

For **March 6, 13, 20, 27**, Start: 10:00 am Meet: Mission Park at Mission Ave & Perry St. Description: Centennial Trail east or west Pace: Leisurely, 10-12 mph Distance: 10-20 miles as group decides.

April 3. Medical Lake & Clear Lake Loop Start: 11:00 am (**NOTE START TIME**) Meet: South side of Medical Lake City Hall off Lefevre Street Pace: 10-12 mph Distance: 14 miles Terrain: Mostly flat with a few short rollers. Regroup: As needed Route: South then east from Medical Lake to loop around Clear Lake and return. Eat: Lefevre Bakery Rain cancels. Leader: Karen Carlberg karencarlberg@comcast.net 509- 624-6989

April 10. Children of the Sun Trail Start: 10:00 am Meet: Trail head on east side of the N. Market and East Columbia intersection which has a small parking lot. Pace: 10-12 mph Distance: 15 miles Terrain: mostly flat to rolling with one big hill to climb on the return from Wandermere Regroup: often. Route: head north on the completed section which parallels new Highway 2 to the end at N. Wandermere Rd and Farwell Road, (McDonald's.) Return on the same. Eat: Heavenly Special Teas 5012 N. Market St. Rain cancels. Leader: Susan Strong 509-990-8877

April 17. Fish Lake Trail Start: 10:00 am Meet: Milton Street Trailhead off Sunset Blvd and Government Way Pace: 10-12 mph Distance: about 17miles Terrain: gradual ascent and descent on the return. Regroup: As needed Route: Fish Lake Trail, Out & Back, 17 miles or choose your own distance. Eat: Bring water and pocket snacks. Rain cancels. Leader: Lila Meglio (509)378-8665

April 24. Centennial Trail from Maringo Trailhead Start: 10:00 am Meet: Maringo Trailhead (east of Argonne off Upriver Drive) Pace: Your

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own Distance: About 15 miles Terrain: Flat trail Regroup: as needed.
Route: East on the Centennial trail Eat: TBD Heavy rain cancels.
Leader: Elaine Mayes 509-922-1030

SATURDAY STEADY Ride Schedule (12-14 mph)

March 14-15. Sunnyside Cycling: Saturday and Sunday. Note: (Saturday only option: drive home after Saturday ride). Start: (see below under Meet). Meet: 8:00 am at a local restaurant, t.b.d. for coffee or breakfast. At that time each rider will sign the S.B.C. liability release and receive Sunnyside maps and other info. Pace: Out and back, choose your own pace. Distance: ~14 miles per day (option to do more). Terrain: Flat to rolling. Regroup: Often, but optional. Maps: Sunnyside and Prosser. Route: Lower Yakima Valley Pathway, which is a paved path mostly separated from the highway between Sunnyside and Prosser. (longer, more difficult loops are also available for fit riders if desired). Eat: restaurants t.b.d. Note that there is a brew pub in Sunnyside, many good Mexican restaurants, other choices as well. Leaders: Mary & T.J. Badger, 467-8099 or badgermaryAThotmail.com.

In addition: Leaders will provide maps, general info, and free wine tasting coupons at the Saturday meet-up. Leaders will try to assist riders for carpooling and sharing rooms. Riders must make their own lodging reservations and provide transportation. Contact us for list of options. Sunnyside has an elevation of 770 feet above sea level compared to Spokane which is about 2000 feet. Lower elevations mean warmer temperatures and spring in Sunnyside should be 2 weeks ahead of Spokane. The bike rides we are leading will be Saturday afternoon and Sunday mid-day. In the event of inclement weather, there are breweries, wineries, and museums close by. Deadline: riders must contact leaders by Monday, March 9.

There is no fee. This trip is free other than your own expenses.

March 21. Arboretum - Fish Lake Trail. Start: 10:30 am. Meet: Finch Arboretum, "F" Street and Woodland Blvd. Look for Arboretum sign from Sunset Blvd, 0.5 mile west of Government Way. Pace: 12-14 mph Distance: 19 miles. Terrain: Gentle grades. Regroup: Occasional. Route: Arboretum, F.L.T. to terminus at Queen Lucas Lake and return on

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same route. Eat: Pacific Avenue Pizza. If Rain: Eat first, then ride (still meet at Finch Arboretum).

Leaders: Mary & T.J. Badger, 467-8099 or badgermary@ hotmail.com.

March 28. Rustic Roads: West Plains. Start: 10:30 am. Meet: Sunset Park at Lawson and 9th in Airway Heights. (~8 mi. from Spokane). From Spokane take Hwy. 2 west. After crossing Hayford, go 1.3 miles and turn right on Lawson (traffic light by Motion Auto Supply). Go 5 blocks and park near bathrooms on left. Pace: 12-14 mph. Distance: 20 miles. Terrain: Flat with gentle slopes. Regroup: Occasional. Route: Generally clockwise loop on little used roads around Airway Heights and the airport. Cue Sheet: for faster or slower riders. Eat: La Presa Mexican Restaurant, 13308 W. Sunset Hwy. If Rain: Eat first (still meet at Sunset Park), then ride. Leaders: Mary & T.J. Badger, 467-8099 or badgermary@ hotmail.com.

April 4. Trail of CdA's: Harrison – Medimont. Start: 10:00 am. (Note earlier start time). Meet: Harrison City Park on Idaho Hwy. 97. This long drive requires 1 hour & 20 minutes from downtown Spokane. From I-90, east of CdA go south on Hwy. 97 (a shortcut using Burma Road is worth it). Pace: 12-14 mph. Distance: 21.2 miles. Terrain: very gentle grade. Regroup: Occasional. Route: out and back on trail. Eat: Harrison restaurant, t.b.d. If Rain: eat first then ride. Leaders: Mary & T.J. Badger, 467-8099 or badgermary@ hotmail.com.

April 11. Columbia Plateau Trail – Lance Pastures – Cheney Loop. Start: 10:00 am. Meet: Trail at Fish Lake on C.P.T. From Spokane go south on Hwy. 195, turn right on Cheney-Spokane Rd. & go ~8.5 miles. Turn left on Meyers Park Rd. & go 0.1 mi. **Note**: this is a Free Day for State Parks, so Discover Pass NOT needed to park here today. Pace: 12-14 mph (steady). Distance: 19.6 miles. Terrain: Flat to rolling. Map for faster or slower riders. Regroup: Occasional. Route: (All paved): C.P.T., Hwy. 904, Lance pastures, Cheney-Spokane Rd. Eat: El Rodeo Restaurant, 505 2nd Street, Cheney. If Rain: Eat first, (still meet at trailhead at Fish Lake), then ride. Leaders: Mary & T.J. Badger, 467-8099 or badgermary@ hotmail.com.

April 18. Rustic Roads: Deer Park Loops. Start: 10:00 am. Meet: Mix Park in Deer Park. Go north on Hwy. 395 toward Deer Park. Note odometer at the Monroe Rd. and Crawford Ave crossing & continue on

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395 for 0.65 mile. Turn right on Dahl Rd. & go 0.75 mile. Turn right into Mix Park. Pace: 12-14 mph. Distance: 18 miles. Terrain: Flat with gentle grades. Map: map and cues for faster or slower riders. Regroup: when needed. Route: Country Club-Airport Loop, Dalton, Montgomery, Short Roads loop. Eat: Rancho Alegre Restaurant, 117 N. Main St. If Rain: Eat first (still meet at Mix Park), then ride. Leaders: Mary & T.J. Badger, 467-8099 or badgermary@ hotmail.com.

April 25. Trail of CdA's: Cataldo - Kellogg. Start: 10:00 am. Meet: Cataldo Trailhead (CdA's trail). Allow 60 minutes driving time from downtown Spokane. Take I-90 east to exit 40. Pace: 12-14 mph. (option to go faster or slower since it is out and back). Distance: 23.6 miles (less if desired). Terrain: gentle grades. Regroup: Occasional. Route: out and back on trail. Eat: Timbers Roadhouse in Cataldo. If Rain: eat first, then ride, still meet at trailhead. Leaders: Mary & T.J. Badger, 467-8099 or badgermary@ hotmail.com.

May 2. Rustic Roads: Liberty Lake - Pleasant View Loops. Start: 9:30 am (note earlier time change). Meet: True Legends Grill, 1803 N. Harvard Rd. (Harvard & Mission). From I-90 exit 296, go north a short distance to Mission Avenue roundabout. Pace: 12-14 mph. Distance: 20 miles. Terrain: Flat to rolling. Cue sheet for slower or faster riders. Regroup: Often. Route: Paved trails and rustic streets. Eat: True Legends Grill. If Rain: eat first, then ride. Leaders: Mary & T.J. Badger, 467-8099 or badgermary@ hotmail.com.

SATURDAY STEADY TO BRISK Ride Schedule

March 7. Cheney Ride Start: 10:00 am. Meet: Caffe Capri in Brownes Addition, 2001 W. Pacific. Pace: 12-14 mph Distance: 30 miles Terrain: gradual climb onto West Plain, then mostly flat. Regroup at turns. Description: Ride to Cheney, either on Fish Lake Trail or Spokane-Fish Lake Rd, depending on road conditions. Eat: bring pocket snacks. Probably a lunch stop as well. Leader: Sally Phillips, 448-6271

March 14. Riverside State Park Start: 9:30 am. **(Note time change!)** Meet: First Avenue Coffee, 1011 W First Ave. Pace: 12 mph. Distance: 20-25 miles Terrain: rolling hills. Description: Watch a coffee-roasting demo, then start bike ride at about 10:30 am. The bike ride will be out

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to Riverside State Park to 7-Mile or 9-Mile depending on weather. Eat: After ride at First Avenue or elsewhere in downtown. Leaders: Frank and Sheila Ping, 924-1814

March 21. Dirt Roads around Spangle Start: 10:00 am Meet: Harvester in Spangle. Pace: 10 mph. Distance: until tired and hungry. Terrain: rolling hills. Description: Explore dirt roads Northwest of Spangle. Eat: Harvester. Leader: Charlie Greenwood 624-8617

March 28. Rathdrum/Hidden Valley Loop Start: 10:00 am Meet: Liberty Lake Starbucks Pace: 14-15 mph Distance: 45 miles Terrain: Mostly flat, short climbs, with 1700 feet total gain. Description: Post Falls -Rathdrum, Hidden Valley. Eat: Bring snacks/water Leader: Bob Bowley 534-5501

April 4. Deer Park, Williams Valley Start: 9:00 a.m. **(Note time change)** Meet: Starbucks at Wandermere, 12408 N. Division. Pace: 12-14 mph. Distance: 40 miles. Terrain: Rolling hills, a couple short steep ones. Description: Hastings Rd, Mill Rd, Little Spokane River Dr., Perry Rd, Deer Park Milan Rd, Crawford Rd, Short Rd, Montgomery Rd, Hwy. 2, Williams Valley Rd., Burroughs Rd, Monroe Rd, Austin Rd, Ballard Rd, Dartford Dr, Mill Rd, Hastings Rd. Regroup at turns. Eat: tbd. Leader: Sally Phillips, 448-6271

April 11. Post Falls via Riverview Start: 9:00 a.m. Meet: Paul Brunton's house, 7903 E Princeton Ave Pace: 14-16 mph Distance: @40 miles Terrain: long climb on Riverview, flat otherwise Description: On Centennial Trail to State Line, Riverview to Post Falls, meander back on secondary roads. Ride may shorten, if weather is cold and wet. Eat: Bring pocket snacks. Stop at convenience store in Post Falls. Leader: Paul Brunton, 953-9564

April 18. Antoine Peak - Newman Lake mountain bike ride Start: 10:00 am Meet: Antoine Peak Parking 15501 E. Brevier Rd. Spokane Pace: 10 mph Distance: 25 miles Terrain: 7 miles paved, 18 miles gravel roads and dirt wide non technical trails; 2800ft climbing Description: from Antoine Peak to Newman Lake and return via Foothills Rd. Eat: after ride, bring food and water Leader: Ed (509 710 3875) and Sigrid Lee (509 999 6332)

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April 25. Ben Burr, Iron Bridge, CT etc. Start: 9:00 am Meet: Meet: Meeting House coffee shop at 1801 E. 11th Pace: 14 mph Distance: @37 miles Terrain: mostly flat Description: Ride Ben Burr Trail, connecting with Iron Bridge via newly paved street, CT thru town to Military Cemetery, thru Riverside State Park to Sontag Park, then back to beginning via Aubrey White Pkway, University Bridge, Sherman, Arthur. Eat: bring snacks Leader: Sheila and Frank Ping, 924-1814

May 2. Highland Road Hill Climb – Mtn Bike Ride. Start: 9:00 am Meet: Sandifur Bridge parking lot. Pace: 12 mph Distance: 40 miles Terrain: hilly Description: Nine Mile, Highland Road, Pine Bluff, Christensen, Valley. Return on South Bank. Eat: bring pocket snacks Leader: Charlie Greenwood, 624-8617

Government Affairs



May Bike Everywhere Month, organized by Spokane Bicycle Club, is coming up. **Get ready NOW by signing up to log your rides with LovetoRide**

(www.LovetoRide.net/washington). The much-improved site is now pretty easy to use. Why participate? Give SBC some bragging rights, ditto for Spokane County; give yourself a little more motivation to ride regularly; compete with buddies.

AND, back by popular demand--

An *incentive*: Log 31 rides in May (could be more than one trip on a single day) and get 1 dozen home-made cookies delivered to your doorstep by bike. LovetoRide sign-up directions are at the end of this article.

WA Bikes, the lobbying group for Washington cyclists, and a group that SBC supports, has news about state legislative action:<http://wabikes.org/blog-news/>. Highlights of bills that have passed at least one legislative house, and moved to the other for consideration:

SB 6208/HB 2358: Allowing people who bike the option to treat a stop sign as a yield, known as “the Safety Stop.”

HB 2461: Adding health as a Washington State Department of Transportation policy goal.

HB 2587: Establishing a program for the designation of **state scenic bike-ways**, with WA ST Parks, working with WSDOT.

Next up: expect to 'see the supplemental operating, capital, and transportation budgets released early next week — when it will be critical to defend bike and pedestrian safety funding from potential cuts due to I-976. '

Maps

My gosh, who doesn't love maps? Spokane's bicycle master plan has a nifty map with some new features. Layers show traffic counts, also areas where serious accidents occurred. The bike map includes favorite byways suggested by local cyclists. Centering on individual streets, then right-clicking, gives the current road status, as well as future plans. See: <https://my.spokanecity.org/projects/bicycle-master-plan/> Tips:

- Bike Master Plan. Click on 'View Full Map' Bike and Pedestrian Data Tool can be sized up or down. The '*Layer*' drop-down box in the upper right corner let you select whether the map shows the existing bike network or the planned bike network. The '*Measure*' drop-down box lets you get mileage information on segments of road. The '*Legend*' drop-down box explains what different map colors represent.
- Bicycle and Pedestrian Data Explorer. Click on 'View Full Map' Bike and Pedestrian Data Tool. Use the '*Layer*' drop-down box to see where bike and/or pedestrian accidents have happened, also level of stress on various streets. There's even a layer to show location of pedestrian stairs (I know, not for bikes, but still interesting..)
- See slide show explaining Level of Stress in evaluating bike routes.

Washington Bike Summit has changed its name to **Bike Walk Roll**, signaling an emphasis on all active transportation users. The summit will be held in Spokane this year Sunday Apr 26 and Monday Apr 27, at the Spokane Convention Center. It will include a mix of transportation professionals and enthusiasts from the region, with nationally known keynote speakers. Registration is open. Cost is \$250 or \$125 for a single day. Scholarships are available. Early registration ends March 31st.

Details at:

<https://www.cascade.org/connect-washington-bike-walk-and-roll-summit/washington-bike-summit-program>

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There are a couple associated free social events, open to all, with a chance to mingle with conference participants.

- SBC/Cascade member Olga Herrera is organizing a Saturday bike ride and movie on Saturday, Apr 25, 4 pm. Bike ride starts at University District EWU Center, 668 N. Riverpoint Blvd. It will be a short ride in the Park/Kendall Yards area followed by a movie, "Afghan Cycles". The latter will be a \$10 fundraiser for two local Latino nonprofits.
- There will be a social gathering on Sunday evening at Tamarack pub, where Spokanites can hang out with conference attendees.

Planning for the **Children of the Sun Trail** is focusing on important decisions for south of the River to I-90. Stakeholders will be deciding between three trail routes: River Route, Regal Route, Skyway Route. They will also be deciding where three bike/ped crossings of I-90 should be located.

Many decisions for COS Trail have been made for the sections north of the River. As final plans are developed, WA DOT is asking people to select favorites among gateway and aesthetic options. A survey will be available on their site by mid-March.

LOTS of information has been compiled for the Children of the Sun project. Details at: www.nscplace.com. Some guidance -

- *Resource Page* tab – scroll down to Chief Garry Park Charrette. Click on the map that shows potential bike/ped crossings of I-90. WSDOT has committed to putting in 3 crossings in this area, replacing the ones that are currently in place. One of the bigger decisions by citizen 'placemakers' is where the crossings should be located.
- *Past Events* tab– scroll to Charrettes South of the Spokane River and the map labeled 'Charrette For Route Results July 2019'. Click on the map to see the three routes under consideration for the Trail between the River and I-90 – River Route, Regal Route, Skyway Route.

If you would like to be on a email list of upcoming placemaking meetings, contact **Kylee Jones, at joneskyj@wsdot.wa.gov**

Bicycle Advisory Board News

Note: The Spokane Bicycle Advisory Board has openings. These citizen volunteers are briefed by the City on transportation projects and offer their advice. Applicants must live in the City of Spokane. Contact Colin cquinn-hurst@spokanecity.org, 509.625.6804 , if you are interested in applying. A good way to find out if you want to apply: attend a meeting. Monthly meetings are held at Spokane City Hall, in the Council Briefing Room, on the third Tuesday of each month, at 6:00 pm. Agendas are posted online at: <https://my.spokanecity.org/bcc/boards/bicycle-advisory-board/>

Liaison briefing:

The City is in the midst of the Grand Blvd Transportation and Land Survey, reviewing safety for active transportation users around. Bike lanes on Grand are one suggestion.

Traffic calming: Neighborhood councils are being asked to provide the City with their top two traffic calming projects for the upcoming funding cycle, with projects due on 4/1/20. Additionally, neighborhoods are encouraged to provide the City with a list ALL their traffic concerns. The City traffic department will be looking at solutions. People are encouraged to go to NC meetings and be vocal about street needs.

Listing of council boundaries and meeting dates at:<https://my.spokanecity.org/neighborhoods/councils/>

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Post St Bridge replacement work starts in April. Detours will be needed.



The new Post Street bridge will have one car lane going north on the middle of the bridge, and 10' shared use paths on either side. The build will take at least 2 years. The proposed detour route for the CT is under the Monro St Bridge, onto Bridge St, on a crushed gravel path (well-compacted) separated from construction by fencing, and connecting to Lincoln St. One lane of Lincoln will be a protected bike lane leading either to Broadway, Post, Mallon, Howard or running up Lincoln to Mallon and skipping the Broadway jog. For the CT detour, the BAB request is for a protected lane on Lincoln, NOT being detoured thru an active parking lot, having a surface fully rollable. Mention was made of previous years' unfortunate detour to N. Howard, when a gravel detour was deep enough to be difficult to use – please **don't** make that mistake again. Project details: <https://my.spokanecity.org/projects/post-street-bridge/> Additionally, the BAB asked for a protected bike lane on Post **south** of the bridge, to give people a direct connection to Spokane Falls Blvd, without being forced to detour into Riverfront Park.

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City liaison Colin Quinn-Hurst showed Comprehensive Plan amendments that involve the bike plan. Some are housekeeping, involving adding lanes to the plan that have already been added by the City. “We are pursuing a Comprehensive Plan amendment because the Bicycle Master Plan maps and Map TR-5 function as the primary reference for bikeway status and plans in the City of Spokane. These maps continuously reconcile the recommendations from various neighborhoods and City staff into a single document, accounting for both ongoing City initiatives and construction projects as well as neighborhood feedback and recommendations.”

Proposed Comprehensive Plan Amendments: Bicycle Master Plan Map TR-5 Adjustments - 3928

Ref#	Street	From	To	Description (Future Designation)	Approx. Length
1	S Cowley St.	E 4th Ave.	S 9th Ave.	Update from medium traffic shared designation to medium traffic bike lane designation.*	0.43
2	W Strong Rd.	N Five Mile Rd.	W Northtown Cr.	Update from moderate traffic bike lane to shared use path.**	0.42
3	E North Crescent Ave. and N North Center St.	N Perry St.	S Upriver Dr.	Designate for moderate traffic bike lane.*	0.47
4	E 37th Ave.	S Stevens St.	S Hatch St.	Shift greenway designation from E 7th to 38th Ave along this stretch.	0.32
5	E Summit Ave./E 118th Ave./E 128th Ave./S Albersford Blvd./S Mt Vernon St./E 14th Ave.	S Grand Blvd.	S Fluke St.	Update bike friendly route designation to neighborhood greenway designation	3.26
6	S Albersford St.	E Main Ave.	S 9th Ave.	Designate as moderate traffic bike lane	0.33
7	S Pine Rd.	W Airport Dr.	W Airport Dr.**	Designate as moderate traffic bike lane	0.23
8	N Cook St.	E Franklin Ave.	S Central Ave.	Designate as neighborhood greenway	0.25
9	S Polouse Hwy.	S Thor St.	S 57th Ave.	Add shared use pathway designation	0.80
10	W Boone Ave./W Atlantic St./W Sharp Ave.	N Lincoln St.	N Division St.	Update to moderate traffic bike lane designation	0.76
11	N Pittsburg St.	E Lyons Ave.	E Rich Ave.	Designate as a bike friendly route.	1.53

*This designation conforms to recent improvements to the bicycle infrastructure on the street.

**Airport Dr. loops back to intersect Flater Rd. again.

Lime Bikes – coming back for the second year of its contract, starting in March. Note that Lime is abandoning bike sharing in most cities (including Seattle) in favor of emphasizing scooter rental. Contractually, they have agreed to continue to provide 100 bikes in the mix of rental equipment with 50 in the downtown U-district area. The City is working on code updates regarding sidewalk riding, parking, helmet usage. Police want consistency regarding helmet requirement. Right now, Lime users don't have to use a helmet, but other cyclists do – police feel that is unenforceable.

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The **Centennial Trail gap fill-in project on Summit** moves forward this year.



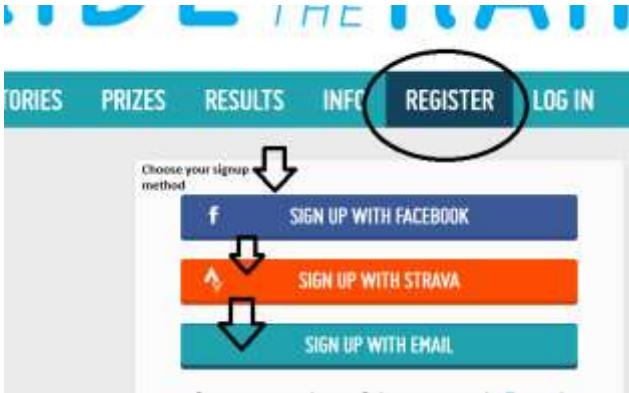
This project will provide a trail adjacent to Summit Street, from Boone to Pettet. There will be a 5 foot buffer from the street, and safety railings on the river side, in locations where the ground drops away sharply. The trail intersection at Boone will be realigned for better visibility.

This project is controversial with neighbors. They are objecting to railings that will obstruct view, and losing either parking or parts of their front yards. They feel the project is not an improvement to the CT, esp since it leads to Pettet/ Fort Wright Drive which they feel is woefully deficient as a bike/ped trail. Their support is for a bridge across the river, connecting up with recently acquired land along the river. Response from City is that the Summit effort gets an immediate benefit (funding has already been acquired). Details at:

<https://static.spokanecity.org/documents/projects/centennial-trail-summit-gap-boone-to-pettet/centennial-trail-gap-presentation-jan27-2020.pdf>.

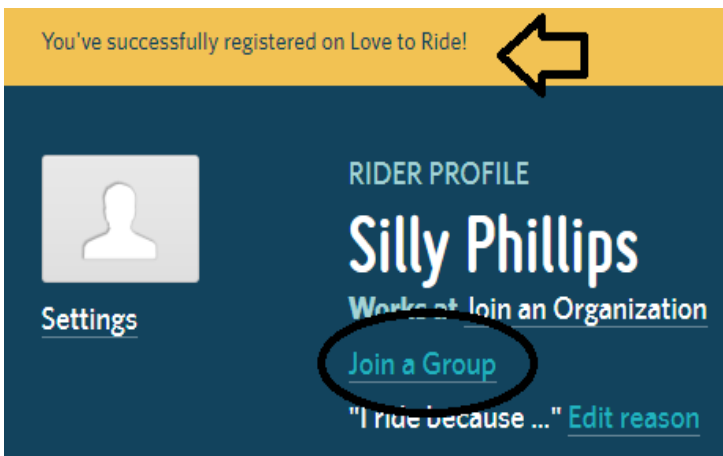
Signing up for LoveToRide

- Either Login, if you have already signed up, or Register if you are new to LovetoRide
- Give your address, so you can be assigned to the correct WA county.



Answer the short survey.

Click on 'Join a Group'. Select 'Existing Group'. Type in 'Spokane', and the Spokane Bicycle Club will appear in the list. Select it and you are done.



Once your account is set up, you see a 'success' banner.

Entering ride info is also easy. Login, click on the Profile button, adjust the calendar date, add mileage, and select from a few reasons for the ride. Done! Some of you have the on-bike equipment to make logging happen automatically – even easier.

– Sally Phillips



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Please consider giving your business
to the following SBC sponsors

~ PLATINUM ~



~GOLD~



~ SILVER ~



Your Adventure Starts Here

MOUNTAIN GEAR

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Spokane Bicycle Club Board Meeting

February 3, 2020

REI

Board Members Present: Jim O'Hare (President), Sally Phillips (Treasurer), Susan Strong, and Russ Peters.

Board Member Absent: Bill Olsen (Immediate Past President), Hershel Zellman (Secretary), Scott Schell.

Quorum Achieved: Yes

Call to Order: at 6:10 pm by President Jim O'Hare.

Minutes of the Dec 3, 2019 Board meeting were approved without additions or corrections.

Treasurer's Report:

A. Year-to-Date Cash Flow (Appendix A) and Account Balance (Appendix B) reports are attached. Notes: (1) Account balance of \$15,062 is about \$1600 greater than at this point last year. (2) Yearly liability insurance paid: \$1526. (3) Donations of \$200 to the Club in memory of Viv Owens have been passed on to the Friends of the Centennial Trail. (4) \$500 was paid to the Centennial Trail Adopt-A-Mile program.

B. Sponsorship Fund: Sally presented Cash Flow Report since Fund's inception 2015 (see Appendix C). Notes: (1) Account balance is about \$1500 over what it was this time last year and nearly \$2700 more than at inception. (2) Equipment = emergency satellite phones. (3) Expenses of Sponsorship = redo of sandwich boards.

President's Report:

A. Master Calendar: Jim has started populating SBC's event calendar and will continue to do so. Sally indicated she will start adding events.

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- B. Sponsorships: Letter authored by Garry Kehr requesting renewal of sponsors was presented (see Appendix D) and how sponsorship funds are, or are meant to be, spent was discussed (see Sally handout 'Cash Flow – All Dates 12/13/2015 through 2/4/2020'). Sally suggested using more sponsorship money to support public outreach events for Bike Everywhere Month. Jim added plans to spend more on tours, public events, bringing in public speakers, efforts to grow the club. Sponsorship money is also currently being spent on Emergency Devices for use on club tours. Jim indicated he will proceed with sponsorship requests.
- C. Speakers at General Meetings:
 - a. Feb: Olga Lucia Herrera & Sally Phillips, and Hank & Kathy Greer
 - b. Mar: Jane Schelly
- D. General Meeting Change of Venue: We'll be meeting in the REI Community Room starting next month. The meetings will also begin a ½ hour earlier, 6 pm. This is a temporary arrangement, thru May, possibly the end of the year. Need to keep our eyes and ears open to a venue we can use on goingly.

Old Business:

- A. 2020 Bike Tours:
 - 1. Colville Tour: Amina has indicated she could lead this tour if it were held the 1st weekend of Sept (Labor Day weekend). Otherwise, we need to find another leader. Russ volunteered to call the Colville fair grounds manager to see what the Sept schedule is like. Likely weekends: Aug 4, 5, 6 (Amina) or 18, 19, 20 or 25, 26, 27 (someone else). **Follow up: Russ called Lori Matlock (Colville Fair Grounds Mgr) at 509 680-6300. All weekends listed above are open (as of 2/10/2020). Lori indicated 'it gets kind of cool towards the end of September'.**
 - 2. B.C. Rail Tour: Russ reported that planning for this tour is pretty much done. The write-up is open for public viewing at this time, but is not available for registration yet. Russ also indicated he may put a limit on registration to keep the number of riders at or below 30 due to coordination issues.
- B. B. SBC's Insurance: Russ indicated he had discussions and email correspondence with the carrier regarding:

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1. Q: What constitutes mountain biking; are rail trail rides considered mountain biking events? A: Mountain biking trails are considered to be 'single track', rough, rocky, up & down hills'. Although not specifically written down in her email, our carrier indicated over the phone that rail trails would not be considered mountain biking events.
 2. Q: Is a 5-day tour five events or one event? A: A 5-day tour would be considered one event. NOTE; the maximum length of SBC sponsored tours (for insurance purposes) is 5 days.
 3. Q: Are Canada citizens covered under our insurance (even if they were members)? A: Because SBC events must originate (be planned) in the USA, and insurance claims filed in the USA, Canada citizens would not be covered by SBC's insurance.
 4. Russ noted that the last email regarding this issue was forwarded to all BOD members.
- C. VP Position: Still looking. Russ noted that is a lot to ask of someone (maybe unfamiliar with SBC members, BOD members, habits, etc.) to step into the VP position knowing he will be asked to be the President in (perhaps less than) one year. Russ brainstormed that perhaps another position could be created that would give prospective officers longer to 'get to know the ropes.' Suggestions were made of a 'VP in Training' position, or adding another BOD member, or simply letting a prospective (VP Trainee) sit in on a year's worth of BOD meetings in order to become more familiar with SBC (and make the prospect of volunteering less scary). More discussion to follow on this topic.
- D. Annual Banquet: Jim investigated dates at Mukagawa and found no Saturday evenings open in October. Made reservations for the 1st Saturday in November (11/7/2020). Fee for banquet may increase – Jim to be notified. Jim looking for a speaker. Barb Chamberlain suggested.
- E. Bike Everywhere Month: Sally indicated she would like funding of \$1000 for this year. Susan put forth a motion for SBC to provide up to \$1000 for Bike Everywhere Month events; motion was seconded by Russ; no discussion; all in attendance approved; motion passed. Funding to be provided out of Sponsorship Fund.
- F. F. Bike Swap: Sally has signed SBC up for the Bike Swap; manning to be determined.

New Business:

- A. Club Picnic: Jim is looking for potential hosts.
- B. SpokAT: Sally is working with Jessica Engelman(?) regarding SpokAT greenways, etc. She is also working with local bike shops to perhaps provide classes, envisions a pancake breakfast, and is trying for approximately 10 scheduled rides.
- C. 350Spokane: Sally is also investigating partnering with 350Spokane regarding alternative transportation outreach promotions.

Adjournment: 7:50 pm.

Prepared by Russ Peters & Hershel Zellman

Next Meeting: Tuesday, April 7, 2020, 6 pm, at REI.

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APPENDIX A

Cash Flow

12/1/2019 through 2/2/2020

Category Description

INFLOWS

Donation	60.00
Member Dues	1,025.00
Newsletter Surcharge	140.00
TOTAL INFLOWS	1,225.00

OUTFLOWS

Bank Charge	46.42
Bike Swap	135.00
Contributions	
Centennial Trail Adopt-A-Mile	500.00
TOTAL Contributions	500.00
Donation Outflow	200.00
Insurance	1,526.43
Newsletter Exp.	
Other Newsletter Exp.	51.39
TOTAL Newsletter Exp.	51.39
Rent	
Post Office Box	46.00
TOTAL Rent	46.00
TOTAL OUTFLOWS	2,505.24
OVERALL TOTAL	-1,280.24

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APPENDIX B

Account Balances - As of 2/2/2020

Account	2/2/2020 Balance
Bank Accounts	
12 month CD	0.00
Bank of America Savings	0.00
BAW Contributions	0.00
Centennial Trail Contributions	0.00
Checking Bank of America	0.00
Sponsorship	4,815.98
STCU Checking	10,246.76
TOTAL Bank Accounts	15,062.74
OVERALL TOTAL	15,062.74

APPENDIX C

Cash Flow - All Dates

12/13/2015 through 2/4/2020

Category Description	12/13/2015- 2/4/2020
INFLOWS	
Sponsorship Income	6,599.99
TOTAL INFLOWS	6,599.99
OUTFLOWS	
Banquet 2016	358.35
Banquet 2017	590.87
Banquet 2018	200.00
banquet expense 2019	71.00
Bike to Work Awards	602.25
Equipment	1,414.36
Expenses of Sponsorship	96.82
TOTAL OUTFLOWS	3,333.65
OVERALL TOTAL	3,266.34

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APPENDIX D

Spokane Bicycle Club
PO Box 8802
Spokane, WA 99203-8702
509-990-1474

Subject: Renewal of sponsorship for the Spokane Bicycle Club

Dear Bill,

Thank you for sponsoring the Spokane Bicycle Club for the 2018 cycling season. The Spokane Bicycle Club currently has 288 members.

Your sponsorship helped us to provide for our speakers' fund, governmental and non-governmental collaborative events for cycling and pedestrian advocacy and otherwise promote bicycling in the region.

Specifically:

- Sally Phillips continues to pour herself into the Bike Everywhere Event
- Sally Phillips also writes a column in the bi-monthly Newsletter: "Government Affairs." This column updates members on cycling advocacy news in the region.
- Garry Kehr, as a BAB board member, reached out to local businesses and governmental organizations to apply for the "Bicycle Friendly Business" designation from the League of American Bicyclists
- Garry Kehr, Sally Phillips and Margaret Watson served on the Bicycle Summit Planning Committee which was held in Spokane on April 29 & 30th, 2018.
- SBC continues to create low cost bicycle tours. In 2018 SBC provided three low cost tours:
 - The Weiser River Rail Trail, two night two day tour
 - The Trail of the Coeur 'D Alenes two night, three day tour

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- Coleville Hub and Spoke two night, two day tour
- SBC offers 8 group rides each week from March — October.
- SBC offers an Education and Adventure presentation to its members each month (except peak season June, July and August)
- Our speaker at the 2018 Annual Banquet was Sally Vantress Lodato. Sally wrote a book about her around the world bicycle trek, [Seeing Myself Seeing the World.](#)

Click [HERE](#) to see our mission and strategy

Will you consider renewing your sponsorship for the 2019 cycling season?

I will follow up by phone or email this week.

Best regards,

Garry Kehr, Spokane Bicycle Club