

November-December 2017

SATURDAY STEADY TO BRISK Ride Schedule

Note: Saturday Rides and Winter Weather

We're tough, but not altogether fond of hours of discomfort. If the roads are snowy, call the leader to confirm that the ride is happening.

November 4 Mountain Bike Ride on John Wayne Trail. Start: 9:00 am (**Note time!**)

Meet: Sandifur Bridge parking lot, of Clarke St. Carpool to Rosalia. Pace: 10-12

Distance: 35 Miles. Terrain: flat, but unpaved. Description: **Mountain bike** the John Wayne Trail from Rosalia to Tekoa. Eat: Tekoa. Leader: Charlie Greenwood, 624-8617

November 11 Valley Ramble Start: 10:00 am. Meet: Forza Coffee, S. Sullivan Rd & 4th Ave.

Pace: 14-15 mph Distance: 20-25 miles. Terrain: flat to moderate hills. Description: 4th Ave., McDonald, 16th Ave., University, Schafer Rd., Bowdish and back on the Appleway Trail through Spokane Valley. Weather will determine route. Eat: After ride at Forza or DeLeon's foods on Sullivan. Leaders: Sheila and Frank Ping, 924-1814.

November 18 Hilby, Big Rock Start:10:00 am. Meet: Great Harvest Bakery, 2530 E 29th, 29th & SE Blvd. Pace:10-12 Distance:15+ Terrain: short steep hills, also rollers. Description: Southside hills, about 1/2 on dirt and gravel roads. Eat: Sally's house after ride, for soup and dessert. Leader: Sally Phillips 448-6271

November 25 Children of the Sun Trail/Peone Prairie Loop Start: 10:00 am

Meet: Starbucks at Wandermere, 12408 N. Division Pace: 12-14 mph. Distance: 25 miles.

Terrain: some rolling hills Description: Children of Sun Trail ,Fairview Rd., Stoneman Rd.Spokane Dr., Market St., COTS Trail.

Leader: Bill Mullins 325-1692 Note: snow, ice cancels.

December 2 See ski/snowshoe listing.

December 9 Millwood, Centennial Trail Start: 10:00 am Meet: Rocket Bakery on N. Argonne. Pace: 14-15 mph. Distance: 15-25 miles. Terrain: flat. Description: Ride a loop through Millwood then back over to Centennial Trail east to Mirabeau Park and back.
Leaders: Frank & Sheila Ping, 924-1814. **Depending on weather, this could become a snowshoe trip. Call leader to confirm.**

December 16 Orchard Bluff loop on dirt roads Start: 10:00 am Meet: Yokes @ Mead, 14202 N. Market Pace: 10-12. Distance: 25 miles Terrain: 1 big climb, rolling hills
Description: Orchard Bluff on dirt roads Eat: Colbert Trading Company
Leader: Charlie Greenwood, 624-8617

December 23 Bakery to Bakery Ride Start: 10:00 am Meet: Great Harvest Bakery, 2530 E 29th, 29th & SE Blvd. Pace: 10-12 mph. Distance: 25. Terrain: Down the South Hill, then back up; flat otherwise. Description: Bakery to Bakery Ride. The challenge on this one is to pace your eating. 3 bakeries – South Hill, Millwood, downtown. Eat: often. Note: route depends on road conditions – this may condense into a short tour of South Hill bakeries.
Leader: Sally Phillips, 448-6271

December 30 See ski/snowshoe listing.

January 6, 2018 See ski/snowshoe listing.