

## November-December 2017

### SATURDAY STEADY TO BRISK Ride Schedule

#### **Note: Saturday Rides and Winter Weather**

*We're tough, but not altogether fond of hours of discomfort. If the roads are snowy, call the leader to confirm that the ride is happening.*

#### **November 4 Mountain Bike Ride on John Wayne Trail.** Start: 9:00 am (**Note time!**)

Meet: Sandifur Bridge parking lot, of Clarke St. Carpool to Rosalia. Pace: 10-12

Distance: 35 Miles. Terrain: flat, but unpaved. Description: **Mountain bike** the John Wayne Trail from Rosalia to Tekoa. Eat: Tekoa. Leader: Charlie Greenwood, 624-8617

#### **November 11 Valley Ramble** Start: 10:00 am. Meet: Forza Coffee, S. Sullivan Rd & 4<sup>th</sup> Ave.

Pace: 14-15 mph Distance: 20-25 miles. Terrain: flat to moderate hills. Description: 4th Ave., McDonald, 16th Ave., University, Schafer Rd., Bowdish and back on the Appleway Trail through Spokane Valley. Weather will determine route. Eat: After ride at Forza or DeLeon's foods on Sullivan. Leaders: Sheila and Frank Ping, 924-1814.

**November 18 Hilby, Big Rock** Start:10:00 am. Meet: Great Harvest Bakery, 2530 E 29<sup>th</sup>, 29<sup>th</sup> & SE Blvd. Pace:10-12 Distance:15+ Terrain: short steep hills, also rollers. Description: Southside hills, about 1/2 on dirt and gravel roads. Eat: Sally's house after ride, for soup and dessert. Leader: Sally Phillips 448-6271

#### **November 25 Children of the Sun Trail/Peone Prairie Loop** Start: 10:00 am

Meet: Starbucks at Wandermere, 12408 N. Division Pace: 12-14 mph. Distance: 25 miles.

Terrain: some rolling hills Description: Children of Sun Trail ,Fairview Rd., Stoneman Rd.Spokane Dr., Market St., COTS Trail.

Leader: Bill Mullins 325-1692 Note: snow, ice cancels.

**December 2**            See ski/snowshoe listing.

**December 9 Millwood, Centennial Trail** Start: 10:00 am Meet: Rocket Bakery on N. Argonne. Pace: 14-15 mph. Distance: 15-25 miles. Terrain: flat. Description: Ride a loop through Millwood then back over to Centennial Trail east to Mirabeau Park and back.  
Leaders: Frank & Sheila Ping, 924-1814. **Depending on weather, this could become a snowshoe trip. Call leader to confirm.**

**December 16 Orchard Bluff loop on dirt roads** Start: 10:00 am Meet: Yokes @ Mead, 14202 N. Market Pace: 10-12. Distance: 25 miles Terrain: 1 big climb, rolling hills  
Description: Orchard Bluff on dirt roads Eat: Colbert Trading Company  
Leader: Charlie Greenwood, 624-8617

**December 23 Bakery to Bakery Ride** Start: 10:00 am Meet: Great Harvest Bakery, 2530 E 29<sup>th</sup>, 29<sup>th</sup> & SE Blvd. Pace: 10-12 mph. Distance: 25. Terrain: Down the South Hill, then back up; flat otherwise. Description: Bakery to Bakery Ride. The challenge on this one is to pace your eating. 3 bakeries – South Hill, Millwood, downtown. Eat: often. Note: route depends on road conditions – this may condense into a short tour of South Hill bakeries.  
Leader: Sally Phillips, 448-6271

**December 30**            See ski/snowshoe listing.

**January 6, 2018**        See ski/snowshoe listing.