

November-December 2017

MONDAY MORNING Traditional Recurring Rides

Start: 10:00 am, November 6 – December 18

Meet: Little Garden Cafe 2901 W Northwest Blvd

Description: some hills

Route: : LGC to 9 Mile Dam via Aubrey White Parkway, Centennial Trail, adding 2 mile extension of Centennial Trail to Long Lake

Stop: Tin Cup for eats & coffee

Pace: 12-14 mph on level with some hills

Distance: 26 miles. Ride goes rain or shine, except for lightning or ice

Regroup: when necessary

Leaders: Bill Mullins 509-325-1692 and Don Barden 206-450-3576