

SATURDAY STEADY AND LEISURELY Ride Schedule

March 4-5. Clearwater & Snake River Rides (overnighter) [**Note: open to all SBC members**]. Start: 8:00 am, Saturday Meet: at a restaurant to be determined for breakfast. Pace: 10-12 mph or 12-14 mph (all rides are out and back so you may go at whatever pace you wish). Distance: 10 - 20 miles per day (fit riders may ride further as far as they want on the Snake River Road or the Wawawai Road along Lower Granite Lake). Terrain: Flat to gently rolling (superfit riders may choose to tackle the Spiral Highway, a.k.a. the Old Lewiston Grade). Regroup: Often. Route: (all are paved) Depending on weather, we will ride trails on levees or along rivers, similar to the Centennial Trail. (Maps available). Eat: various restaurants chosen by consensus or trail lunches. If Rain: There are several museums riders can opt to do or choose their own short rides. Lodging: riders will choose their own motels either in Clarkston or Lewiston and make their own arrangements. Prices range from \$60 to \$120 per night. Leaders: Mary & T.J. Badger, 467-8099 or badgermary@hotmail.com.

March 11. Liberty Lake to Post Falls on Centennial Trail. Start: 11:00 am. Meet: Liberty Lake parking lot between McDonald's & Starbucks (~1340 N. Liberty Lk. Rd.). Pace: 10-14 mph (go at your own pace, out and back). Distance: 15 to 20 miles. Terrain: Flat to rolling. Regroup: Often. Route: Appleway to C.T., stateline area, ID C.T. to Post Falls & return (same route or Seltice Way or WA C.T. & Harvard Rd.) Eat: Cork House, 1400 N. Meadowwood Lane, (corner of Mission & Meadowwood) Liberty Lake (southeast of meeting spot). If Rain: eat first (still meet by Starbucks/McDonalds), ride later. Leaders: Mary & T.J. Badger, 467-8099.

March 18. Reservation Road. Start: 11:00 am. Meet: Kurt's Corner (convenience store); from downtown Spokane go west 21 miles on Hwy. 2 to Reardan, turn right (north) on Hwy. 231 & go 19 miles to Ford. Turn left on Ford-Wellpinit Road and go 2.1 miles to Kurt's Corner. **Note**: be sure to clock mileage from Ford, dirt parking lot is easy to miss. Northsiders can get to the meet spot via Hwy. 291 (about 37 miles, call for directions). Pace: 10-14 mph. (Map provided, out and back route, go at own speed). Distance: 17.2 or 20 miles. Terrain: Almost flat. Regroup: As needed. Eat: Pizza Factory in Suncrest. If rain: eat first (still meet at Kurt's Corner), then ride. Leaders: T.J. Badger, 467-8099 and Lam Chan, (509) 435-7323 or lchan@spokanetribe.com.

March 25. North Central Loop. Start: 11:00 am. Meet: Tom Sawyer Country Coffee, 608 N. Maple St. in Kendall Yards. From Monroe, go west 6 blocks on Broadway, turn left on Maple & go 2 blocks. [**Note**: If you'd like coffee, etc. show up early at 10 am]. Pace: 10-12 mph. Distance: Rider's choice of 10 or 16 miles. Terrain: Flat to gentle slopes. Regroup: Often.

Route: Kendall Yards C.T. (Centennial Trail), Nettleton Overlook, North Central, north bank Riverfront Park, Gonzaga, Mission Park, (10 mile option returns on C.T.), Iron Bridge, S.C.C., Tuffy's Trail Overlook, return on C.T. Eat: Veraci Pizza in Kendall Yards. If Rain: Eat first (still meet at Tom Sawyer's), then ride later. Leaders: Mary & T.J. Badger, 467-8099 or badgermary@hotmail.com.

April 1. Arboretum – Fish Lake Trail. Start: 10:30 am. **[Note: change in start time].**

Meet: Finch Arboretum, "F" Street and Woodland Blvd. Look for Arboretum sign from Sunset Blvd., half mile west of Government Way. Pace: 10-14 mph. Distance: 20 miles or less, out and back route. Terrain: gentle grades. Regroup: If necessary. Rte. Description: Arboretum to Fish Lake Trail terminus and return same way. Eat: Pacific Ave. Pizza. If rain, eat first (still meet at Arboretum), then ride. Leaders: Mary & T.J. Badger, 467-8099.

April 8. Sky Prairie Loop. Start: 10:30 am. Meet : Sky Prairie Park. From Maple & Francis, go north 1 block, turn left on Five Mile Road. Go almost 2 miles, turn right on Strong Road and go 0.4 miles. Turn right on Nettleton and go 0.2 miles. Meet near restrooms. Pace: 12-14 mph. Distance: 17 miles. Terrain: flat with a few minor hills. Regroup: Often. Route description: Combined loops on top of Five Mile Prairie. Eat: Boiler Room Pizza, 6501 N. Cedar Street in the Cedar Crossing Area. If rain, eat first, then ride. (Still meet at Sky Prairie Park). Leaders: Mary & T.J. Badger, 467-8099

April 15. Nine Mile Falls. Start: 10:30 am. Meet: Sontag Park; from downtown Spokane go to Francis & head west, this is Nine Mile Road or Hwy 291. At about 9 miles from downtown, turn left on Charles Road (bridge) & go 0.3 mile. Pace: 10-14 mph. Distance: 18 miles. Terrain: flat to gently rolling. Regroup: Often. Rte. Description: Do **new** segment of C.T. to Nine Mile Resort, Tormey Rd., Hedin Rd., Charles Rd. Views of Long Lake. Eat: Tin Cup Café (across road from Sontag). If rain, eat first, then ride. Leaders: Mary & T.J. Badger, 467-8099.

April 22. Mirabeau- Centennial Trail East. Start: 10:30 am. Meet: Mirabeau Meadows adjacent to flush toilets (~0.8 mi from Pines on Mirabeau Pkwy). NOT by Centerplace. Pace: Rider's choice. Distance: Depends on rider's pace. Terrain: Flat. Regroup: If necessary. Eat: Twigs, 14728 E. Indiana in Spokane Valley Mall. If rain: Eat first, then ride. Still meet at Mirabeau Meadows. Leaders: Mary & T.J. Badger, 467-8099.

April 29. Devils Gap Overlook. Start: 10:30 am. Note: There are 2 different ride choices. They meet at slightly different locations. The Steady ride has a big hill and the Leisurely ride does not. The Steady ride is also longer. Otherwise groups can ride together and eat together at the conclusion of the ride.

Steady Version: Meet: Long Lake Dam Avista Park: from downtown go west on Hwy. 2 to Reardan, turn right(north) on Hwy. 231 and go 13 miles, turn right before bridge over Spokane River and go 0.25 mile. Northsiders can get to the meet spot via Hwy. 291 (call leaders). Pace: Steady 12-14 mph. Distance: 20.6 miles Terrain: flat except for one hill with 280 feet elevation gain plus the Red Lake Hill. Regroup: Often. Description: Avista Park, Hwy 291, Red Lake and back. Vistas of dam, lake, and river. Also see Indian pictographs (rock paintings). Eat: Pizza Factory in Suncrest on Hwy. 291. If rain, we'll eat first, then ride (still meet at spots listed). Leader: T.J. Badger, 467-8099.

Leisurely Version: Meet: Devils Gap Overlook. Call for directions. Distance: 16.2 miles. Ride is similar to Steady option but skips the big hill and is fewer miles. Leader: Nancy Tressler, 688-7506.

May 6. Hauser Lake Loop – Newman Lake Views. Start: 10 am. **[Note: new start time].** Meet: Hauser Lake Boat Launch. Directions to start: from Trent, which becomes WA Hwy 290 and then ID Hwy. 53, go 1.8 mi. east from state line. (Also 0.3 mi. from Curley's Restaurant). Turn north onto Hauser Lake Rd. Look for the "Embers" or "Mattheus Lumber" signs. (If you reach Pleasant View Road, you've gone too far; turn around and go back 0.25 mi.) Go 1.1 mi. on Hauser Lake Road. Continue straight on Hauser at the Cliff House Rd. jct. Go 0.3 mi. Turn right at Fay Place and go 0.25 mi. Park near the toilets. There is no charge or pass needed to park in this exact location. Pace: 10-14 mph. Distance: 19.4 miles. Terrain: Flat with a few small hills. Regroup: Often. Route: Newman Lake Arm, Honeymoon Bay, E. Newman Lake Drive Boat Launch, Hauser Lake. Scenic views of 2 lakes. Eat: Rainbow Resort. If rain, eat first (still meet at Boat Launch), then ride. Leaders: Mary and T.J. Badger, 467-8099.