

MONDAY MORNING Traditional Recurring Rides

Start time: 10:00 am, March 6 through May 1st

Meet: Little Garden Cafe 2901 W Northwest Blvd

Description: LGC to 9 Mile Dam via Aubrey White Parkway, Centennial Trail adding 2 mile extension of Centennial Trail to Long Lake

Stop: Tin Cup for eats & coffee

Pace: 14-16 mph on level with some hills

Distance: 26 miles. Ride goes rain or shine, except for lightning or ice

Leaders: Bill Mullins 509-325-1692 and Don Barden 206-450-3576