September – October 2019

Reminders: The start time is the departure time, not the arrival time.
Note: The icon, 2 , is added if there are two possible rides in one listing.

MONDAY MORNING Traditional Recurring Ride

Start: see below. Meet: Little Garden Café, 2901 W Norwest Blvd. Description: LGC to 9-mile Dam via Aubrey White Parkway, Centennial Trail, including 2.2-mile extension of Centennial Trail to Long Lake. Pace: 12-14 mph Distance: 26 miles. Terrain: Mostly flat with some hills. Regroup: Parking area/restroom at McLellan trailhead N of Seven Mile bridge and at Long Lake (Nine Mile Recreation Area). Midway Stop: Tin Cup for eats and coffee, otherwise bring snacks. Weather: Ride ordinarily goes rain or shine except for lightning and ice; final determination made by ride leader at start.

Ride Leader: Don Barden. Home 509-808-2932; Cell 206-450-3576. Donald.barden@gmail.com.

Ride Start: September - 9:00 AM October - 10:00 AM