

March – April 2019

THURSDAY MORNING Ride Schedule

April 4 Fish Lake Trail to Cheney Loop Start: 10:00 am Meet: Fish Lake trail head (Just off Government Way and Sunset Blvd) Pace 12-14 mph on the flats Distance: 29.4 miles Terrain: Mostly flat with one moderate hill Description: FLT and Cheney-Spokane Rd to Mason Jar returning via Andrus, Spotted, Thorpe, Grandview. Eat Bring water and snacks. Coffee and treats at Mason Jar in Cheney. Rain or Heavy winds cancels. Call leader if you have questions.
Leader: Gary Kehr 509-990-1474

April 11 Spokane Valley Loop Start: 10:00 am Meet: Skyway Cafe parking lot at Felts Field. Pace: 12-14 mph on flat terrain. Distance: 36 miles. Some significant hills. Regroup often. Description: Skyway cafe, Euclid -C.T. - Flora Henry-loop. Eat: Skyway Cafe at Felts Field at end of ride. Map and cue sheet will be available. Rain or strong winds cancel. Leader: Garry Kehr 509-990-1474

April 18 Riverside State Park-Four Mounds Start: 10:00 am Meet: Kendall Yards by Central Foods. Description: Spokefest Loop. Route: Cross over Monroe, down Riverside, through Browns Addition to Government way. Centennial trail ride through Riverside State Park to Seven Mile. Take a left on Coulee Hite to Wood Rd. Rt. on Wood to Charles Rd on Dover. Left on Four Mounds back to Seven Mile. Aubrey White up Doomsday and back to Kendall Yards. Distance: 50 miles Pace: 12 -14 mph. Significant hills. Bring snacks and lots of water.
Eat: Lunch at The Yards on return . Heavy rain cancels. Leader: Todd Hayes 509-844-7354

April 25 Centennial Trail – Hauser Lake Start: 10:00 am Meet: Centennial Trail head at Mirabeau Point. Route: Centennial Trail to Harvard. Euclid to Star road to Hauser Lake Loop and return. Distance: about 35-40 miles Pace: 12-14 mph Terrain: generally flat, some liltling hills around Hauser Lake. Eat: Food stop at the Quikkie Mart Gas station on Trent at Star Road for food and bathroom stop. Bring your own water and snacks. Weather exceptions: Check with leader if there is high wind rain or snow in the forecast. Leader: Lila Meglio 509-378-8665