

SUNDAY MOUNTAIN BIKING Ride Schedule

Riders will need to have a minimum of a hybrid bike with fairly decent tires as we will be going over rocks and rough roads. A helmet is required. We will meet at the Wilbur Trailhead unless otherwise noted. **You will need a Discover Pass for parking.** The rides will be about 1.5 to 2 hours (might be more stopping depending on participants).

Beginner: Mostly flat, small hills, double track, some maneuverable low-rocky single track. 8 or less mph.

Intermediate: Will also include Intermediate size hills, rocky and twisty single tracks. 8+ mph.

Directions to Trailhead: Take Seven Mile Road off Nine Mile Rd – take first left after crossing Spokane River bridge – park at second parking lot on right (end of road).

Start time is 3:00 pm unless otherwise noted.

May 6th – Leader: Leonard Parks. Email lparks.nidaho@outlook.com, home 509-413-1035, cell 509-280-3397

May 13th - Leader: Barbara/John Beaton 465-1952 or 590- 3814 (Barb's Cell)

May 20th - **No scheduled ride – Need leader**

May 27th – **No scheduled ride – Need Leader**

June 3rd – **No scheduled ride – Need leader**

June 10th - Leader: Dave Braun Phone: 509-768-4258

June 17th - Leader: Barbara/John Beaton 465-1952 or 590- 3814 (Barb's Cell)

June 24th - Leader: Barbara/John Beaton 465-1952 or 590- 3814 (Barb's Cell)

July 1st - **No scheduled ride – Need leader**