

## **SUNDAY MOUNTAIN BIKING Ride Schedule**

Riders will need to have a minimum of a hybrid bike with fairly decent tires as we will be going over rocks and rough roads. A helmet is required. We will meet at the Wilbur Trailhead unless otherwise noted. **You will need a Discover Pass for parking.** The rides will be about 1.5 to 2 hours (might be more stopping depending on participants).

Beginner: Mostly flat, small hills, double track, some maneuverable low-rocky single track. 8 or less mph.

Intermediate: Will also include Intermediate size hills, rocky and twisty single tracks. 8+ mph.

Directions to Trailhead: Take Seven Mile Road off Nine Mile Rd – take first left after crossing Spokane River bridge – park at second parking lot on right (end of road).

**Start time is 3:00 pm** unless otherwise noted.

**May 6<sup>th</sup>** – Leader: Leonard Parks. Email [lparks.nidaho@outlook.com](mailto:lparks.nidaho@outlook.com), home 509-413-1035, cell 509-280-3397

**May 13<sup>th</sup>** - Leader: Barbara/John Beaton 465-1952 or 590- 3814 (Barb's Cell)

**May 20<sup>th</sup>** - **No scheduled ride – Need leader**

**May 27<sup>th</sup>** – **No scheduled ride – Need Leader**

**June 3<sup>rd</sup>** – **No scheduled ride – Need leader**

**June 10<sup>th</sup>** - Leader: Dave Braun Phone: 509-768-4258

**June 17<sup>th</sup>** - Leader: Barbara/John Beaton 465-1952 or 590- 3814 (Barb's Cell)

**June 24<sup>th</sup>** - Leader: Barbara/John Beaton 465-1952 or 590- 3814 (Barb's Cell)

**July 1<sup>st</sup>** - **No scheduled ride – Need leader**