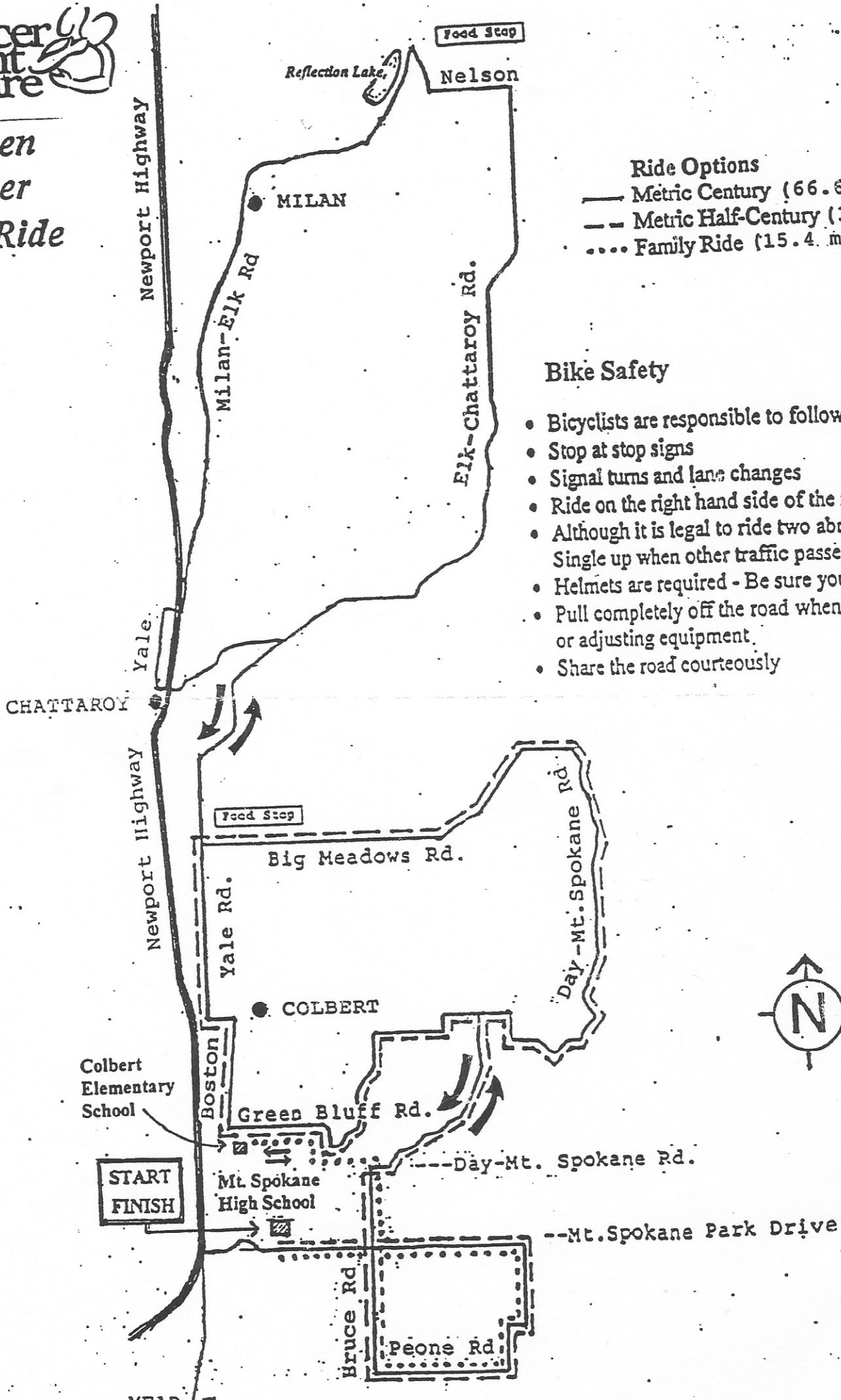


**Loreen Miller Bike Ride**



- Ride Options**
- Metric Century (66.6 mi)
  - Metric Half-Century (36.4 mi)
  - .... Family Ride (15.4 mi)

**Bike Safety**

- Bicyclists are responsible to follow all traffic laws
- Stop at stop signs
- Signal turns and lane changes
- Ride on the right hand side of the road
- Although it is legal to ride two abreast, Single up when other traffic passes
- Helmets are required - Be sure yours fits properly
- Pull completely off the road when resting or adjusting equipment.
- Share the road courteously



0.0	LEFT turn from parking lot onto Mt. Spokane Park Drive	46.0	Straight ahead as Milan Rd merges with River Terrace Rd at Dennison-Chattaroy Rd.
1.0	Cross Bruce Rd	46.6	RIGHT on River Estates Road across Highway 2 (after stop sign) Caution - turns into Schlomer across Highway 2 (Road Marshal)
3.0	RIGHT on Peone Road	46.8	Straight ahead as Schlomer merges with Yale Rd.
6.5	RIGHT on Bruce Rd.	47.1	Stop sign - LEFT on Chattaroy Rd.
8.0	FAMILY RIDE: LEFT on Mt. Spokane Park Drive to parking lot and end of your 9-Mile Family Ride! Extension: Continue on Bruce Rd to Day-Mt. Spokane Rd. LEFT on Day-Mt. Spokane Rd to Green Bluff Rd. RIGHT on Green Bluff Rd and then LEFT to Colbert Elementary School. Retrace route to Mt. Spokane High School for 15-Mile Ride.	47.3	Stop sign - Caution - Recross Highway 2 straight ahead on Chattaroy Rd
	HALF CENTURY & CENTURY RIDE: Continue on Bruce Rd. to Day-Mt. Spokane Rd.	50.0	Stop sign - RIGHT on Elk-Chattaroy Rd.
9.0	RIGHT on Day-Mt. Spokane Road	53.0	Caution Stay left onto Yale Rd from Elk-Chattaroy Rd
11.8	RIGHT on Day-Mt. Spokane Rd. at "T" with Green Bluff Rd.	53.1	* Stop sign - Straight ahead on Yale Rd at Big Meadows sign
18.9	LEFT onto Big Meadows Rd. at Stop Sign	55.3	LEFT on Colbert Rd just past Colbert Store
22.8	RIGHT onto Yale Rd. to FOOD/WATER STOP HALF-CENTURY Left onto Yale Rd; go to *	55.5	RIGHT onto Boston Rd
22.9	CENTURY: Continue straight ahead as Yale Rd. merges with Elk-Chattaroy Rd.	56.8	LEFT onto Green Bluff Rd
34.8	Stay on Elk-Chattaroy Rd.	58.3	Green Bluff Rd bends right
37.0	LEFT onto Milan-Elk Rd. (Reflection Lake on right) FOOD/WATER STOP	58.7	Stop sign : Hard LEFT onto Green Bluff Rd (up hill) to Day-Mt. Spokane Rd.
39.9	Continue straight ahead as Milan-Elk turns into Milan at Deer Park-Milan Rd.	61.8	RIGHT on Day-Mt. Spokane Rd.
		64.6	LEFT on Bruce Rd.
		65.6	RIGHT on Mt. Spokane Park Drive
		66.6	YOU MADE IT ! - Right into Mt. Spokane High School parking lot